

Dr. Cara Tannenbaum



With over 10 years of consecutive funding from the Canadian Institutes of Health Research as well as an FRSQ chercheur-boursier award, Dr. Tannenbaum is a leader in cutting-edge geriatric research both nationally and internationally. She is the recipient of a 2004 New Investigator Award from the American Geriatrics Society and the 2008 May-Cohen Gender Equity Award by the Association of Faculties of Medicine of Canada. In 2008, Dr. Tannenbaum became the inaugural Chair of the Michel Saucier Endowed Chair in Geriatric Pharmacology, Health and Aging of the Faculty of Pharmacy at the Université de Montréal. She is also an Associate Professor of Medicine in the Faculty of Medicine at the Université de Montréal. As Director of the Geriatric Incontinence Clinic at the Institut universitaire de gériatrie de Montréal, her clinical practice fuels the vision for her patient-oriented research program. Dr. Tannenbaum obtained her medical degree at McGill University in 1994 and subsequently obtained specialty training in geriatric medicine and older women's health. She pursued a Master's Degree in epidemiology and biostatistics in 2002 at McGill University.

Research interests

Dr. Cara Tannenbaum's research focuses on best practices in pharmaceutical care for the elderly, better understanding the brain-bladder connection, self-management, mental health indicators and outcomes, and gender-based analysis. Through her work, she aims to deconstruct ageism for issues related to incontinence, cognitive impairment and mental health.