

Canadian **Collaborative**
Mental Health
Care Conference

Collaborating to create **new**
pathways towards **recovery**,
empowerment and **social inclusion**

17th-18th

June 2022

Quebec City
Convention Centre

Program

23rd Canadian Collaborative Mental Health Care Conference

In-person
at the Quebec City Convention Centre
or **virtual**

Québec 

About the work used for our visual atmosphere



Collection Vincent et moi

Title of the work and year of production: Visibilité: passable à nulle, 2005

Medium and support: Acrylic and paper on canvas

Artist's name: Mireille Bourque



Main sections in one click!

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WELCOMING REMARKS



Guy Thibodeau

CEO, CIUSSS de la Capitale Nationale

Le CIUSSS de la Capitale-Nationale is proud to host the 23rd edition of the Canadian Collaborative Mental Health Care Conference. Welcome all to our beautiful region!

Over the next few days, you will all contribute to rich discussions on collaboration, so that the involvement of all creates new paths towards the power to act, social inclusion and the recovery of those living with mental health issues. This desire for collaboration has already been driving us for some time.

Collaboration emphasizes the essential role played by users and their loved ones as partners in mental health care. It is not enough to include patients in the discussion and to keep them engaged throughout the treatment. It is also necessary to recognize the expertise resulting from their experiences in order to involve them in the decision-making process and the crafting of a relevant path of services.

It is essential to support community members living with mental health issues or addictions. It is a matter of social inclusion and fairness for these users often defiant or disengaged, for whom it is necessary to find new ways of doing things, and in close relationship with our community partners.

Our region has witnessed great successes in terms of non-traditional services with the recent opening of the supervised consumption site L'Interzone and the establishment of our Salvation Army COVID-19 Convalescence Centre. This has allowed us to provide care and support to disaffiliated populations during the pandemic. Their well-being is important to all of us.

As a health and social services organization affiliated with l'Université Laval, we are also strongly motivated to break down intervention silos, while promoting and including all the skills available to our teams. A constant and close link is maintained between the knowledge and learnings resulting from clinical research and field expertise which allows us to develop solid and efficient collaborations.

That collaboration is also at the heart of this conference, which has integrated patients and their loved within the different organizing committees so that they can contribute, with their knowledge and experiences, to this event.

What is the common thread of all the above? It is the involvement in an innovative collaboration, in order to create these new paths. I invite you, during the next two days, to immerse yourself in these essential collaborations.

Thank you



Matthew Menear,
Chairman of the Scientific
Committee and
co-chair of the planning committee



Marc Tremblay,
Co-chair of the planning committee

Dear Colleagues,

It is with tremendous excitement that we welcome you to the 23rd Canadian Collaborative Mental Health Care Conference! Over the next two days, we hope that you will be able to reconnect with friends and colleagues, engage in lively discussions and be inspired by the breadth and quality of innovative collaborative care projects, programs and services.

The word “innovation” also applies to how this conference is being delivered this year. For the first time, not only will we be welcoming delegates to beautiful Quebec City but also virtually from anywhere in the world. All in-person presentations will also be live-streamed throughout the conference, making a truly hybrid experience a reality for many conference attendees. And that’s not all! This year we have made major strides in making the conference more welcoming and inclusive to people with lived or living experience of mental health or substance use challenges. They are members of our Conference Planning and Scientific Committees, keynote speakers, as well as attendees with ideas and experiences to share. This is only fitting, as our theme this year focuses on the importance of recovery, empowerment and social inclusion. Indeed, it is becoming increasingly clear that such partnerships are necessary if we want a health system that is more hopeful, integrated, equitable and recovery-oriented.

Planning this conference would not have been possible without the dedication and expertise of many people and organizations. We extend our heartfelt thanks to the Conference Planning Committee, Scientific Committee, National Advisory Committee, Student Committee, and conference volunteers. We would also like to thank the CIUSSS de la Capitale-Nationale for their remarkable leadership and support. Finally, we are grateful for the many sponsors and exhibitors that have supported us this year, your contributions testify to the importance of making collaborative mental health care an accessible reality to all who need it.

Thank you to all those involved in planning the conference!

PLANNING COMMITTEE

Co-chair: Marc Tremblay et Matthew Menear

Catherine Bolduc

Dr Pascale Cholette

Michèle Dugas

Dr Michel Gervais

Dr Ariane Girard

Valérie Hachez

Dr Georgina Zahirny

Julie Lévesque

Charles Rice

SCIENTIFIC COMMITTEE

Chair: Matthew Menear

Luce Assad

Dr Rachelle Ashcroft

Dr Skye Barbic

Véronique Bizier

Christopher Canning

Dr Lucie Nadeau

Dr Maria Patriquin

Dr Nadiya Sunderji

Valerie Testa

Marie-Josée Fleury

Chloe Gao

Gabriel Hotte-René

Yasmina Lahlou

Dr Jean-Daniel Carrier

Dr Jennifer Dahak

Michèle Dugas

Dr Amélie Felx

Dr Jean-Sébastien Paquette

NATIONAL ADVISORY COMMITTEE

Sari Acherman

Neil Drimer

Dr Nick Kates

Dr Maria Patriquin

Dr Nadiya Sunderji

Dr Sarah Jarman

Dr Elizabeth Mansfield

Dr Matthew Menear

Nicholas Watters

STUDENT COMMITTEE

Audrey Anctil

Angélique Auger-Gosselin

Marjorie Brochu

Genève Caron

Dr Jean-Daniel Carrier

Savannah Dubé

Stefany Dufour

Audreyanne Gagnon

Ariane Girard

Audrey Laberge

Sabrina Lavallée

Sophie Rivet

COORDINATION TEAM - SERVICE DU TRANSFERT DES CONNAISSANCES ET DU RAYONNEMENT

Direction de l'enseignement et des affaires universitaires, CIUSSS de la Capitale-Nationale

Julie Lévesque, project manager and knowledge transfer professional

Karine Binette, graphic art technician

Sonie Boudreault, administrative technician

Manon Desharnais, graphic art technician

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Catherine Germain-Perron, administrative officer

François Veillette, audiovisual specialist and logistics manager for events

Martin Veilleux, head of Service

23rd Canadian Collaborative Mental Health Care Conference

HYBRID EVENT

On site: Quebec City Convention Center > 900, rue Honoré Mercier, Quebec (Qc)

- Consult the plan at the end of the program.

Virtual or hybrid: Log in with your access code by following the link that will be sent to you.

Even if you are present on site, to benefit from all aspects of the hybrid mode offered by this Conference, we invite you to bring a cell phone, iPad/tablet or laptop and **headphones**. You will be able to attend virtual conferences, participate in online discussions and have access to simultaneous translation.

Whether you attend onsite or from the comfort of your office or living room, all of our presentations are offered live and online. Some presentations are exclusively offered online, but you will have the space and the leisure to attend them even if you are present on site!

SIMULTANEOUS TRANSLATION

Simultaneous translation is available in the plenary room and in one other room.. Online, you will only have to select the channel associated with the language of your choice. If you wish to benefit from simultaneous translation on site, you are invited to bring a cell phone, iPad or laptop and a headset in order to access it from the room.

WIFI

The Quebec City Convention Centre offers free Wi-Fi. You get the maximum wireless experience and unlimited data. Coverage is total in all rooms and public areas, with no uncovered areas. A Zap Québec zone on Promenade Desjardins outside the Centre also provides free WiFi access.

SOCIAL MEDIA AND NETWORKING

Twitter Account : [@CCMHCC_CCSCSM](#)

Hashtag fo the Conference : [#CMHC2022](#)

ACCESS TO RECORDINGS

All attendees registered for both days of the Conference will have access to the recordings of the presentations for a minimum of 90 days post-event.

YOUR FEEDBACK IS IMPORTANT TO US

In order to evaluate your global satisfaction, you will receive by email a link leading to an evaluation at the end of each day. We invite you to send us all your comments via this form. Thank you for helping us provide you activities that meet your needs!

SANITARY MEASURES (COVID-19)

In order to meet all the needs of our participants and speakers and in the current context of the pandemic, the planning committee has chosen to present a hybrid conference this year.

We understand that some participants and speakers may remain worried about attending an in-person conference after a long period of uncertainty.

Even though sanitary measures have been lifted in Quebec, we want all participants and speakers to feel safe during the conference.

We chose the Québec city Convention Centre as it meets, among other things, the following criteria:

- Accessibility to stations for hand washing or disinfection
- Large spaces allowing a certain distance
- Excellent ventilation system

In addition, the committee has chosen to opt for dinners in the form of individual lunch boxes.

Wearing a mask is not mandatory, but is strongly recommended at all times.

Rest assured that all sanitary measures will be put in place to ensure the safety and comfort of all participants and speakers.

ABOUT THE CANADIAN COLLABORATIVE MENTAL HEALTH CARE CONFERENCE

Held over two days, the Canadian Collaborative Mental Health Care Conference aims to advance collaborative practices in mental health, primary care, and community settings. It is a unique conference where all stakeholders involved in collaborative mental health care can gather, learn together, and learn from each other. We value multiple forms of knowledge and 'evidence' including scientific knowledge, pragmatic knowledge of healthcare providers and administrators, traditional knowledge of Indigenous peoples, and experiential knowledge of service users, families and caregivers with lived or living experience of mental health or substance use challenges. Throughout the conference, we seek to promote dialogue between these different perspectives.

This year our main conference theme is **"Collaborating to create new pathways towards recovery, empowerment and social inclusion"**. For this conference, recovery refers to people striving to live satisfying, hopeful lives and contributing to society even if they are experiencing mental health or substance use problems. The theme emphasizes the essential role that people with lived and living experience play as partners and leaders in collaborative care and the need to work together to strengthen recovery-oriented practices and policies in Canada and internationally. The theme also recognizes the importance of promoting social inclusion and equity for people living with mental health and/or substance use challenges, cultivating and empowering communities, and addressing social determinants of health and well-being.

CONFERENCE OBJECTIVES

Conference main objective

This Conference will allow participants to focus on collaboration in order to create new pathways towards recovery, empowerment and social inclusion in mental health care.

Conference specific learning objectives

By the end of this conference, participants should be able to:

- Explain the importance of collaborative practices in mental health care.
- Describe evidence-based practices, innovative programs, and cutting-edge research that advances the spread of collaborative mental health care in Canada and beyond.
- Describe and discuss the value of meaningful engagement of people with lived experience of mental illness and/or substance use in the design, evaluation and improvement of mental health, primary care, and community-based services.
- Use tools and apply lessons learned from the conference in order to adopt and improve the real-world practice of collaborative mental health care.

ACCREDITATIONS

Accreditation for physicians

An accreditation request is in progress with the Pédagogia center of the Faculty of Medicine of Laval University to obtain credits from the Collège des médecins du Québec (CMQ), the Royal College of Physicians and Surgeons of Canada (RCPSC) and the College of Family Physicians of Canada (CFPC).

Attending the full event will earn you up to 11 Mainpro+ credits.

Accreditation for all professions

CIUSSS de la Capitale-Nationale is accredited by the Société de formation et d'éducation continue (SOFEDUC). Through this accreditation, our participants have the assurance that all our activities meet high quality standards.



As the participants in this activity work in different professions, each will have to contact their professional order to have this activity accredited to them as continuing education.

A certificate of achievement totaling a maximum of 0.11 CEUs will be sent to each participant following receipt of their learning evaluation forms.

Oral Presentations – « Innovations in progress »

Presentations of the “Innovations in Progress” type are intended to provide advice to clinicians and managers who are innovating in their environment and who are seeking support for the implementation or evaluation of their innovation. These innovation projects become learning cases that can contribute to generalizable knowledge to other contexts. Presenters are invited to provide a brief overview of their innovation as well as their support needs. Guest coaches will then provide guidance to presenters, while offering additional educational points on implementation science, program evaluation, and/or quality improvement. Participants in the hearing will also have the opportunity to ask questions and share their knowledge and experiences.

Special thanks to our Guests coaches !

COLLABORATIVE BURSARY PROGRAM

The collaborative bursary program offers financial assistance to allow service users (including caregivers) and their families to attend the conference and thus contribute to the improvement of services. This bursary program is offered in collaboration with our different partners.

The Conference Planning Committee has set up a bank of free Hybrid and virtual registrations, in order to offer free access to the conference for users and/or families meeting certain selection criteria.

In a collaborative approach, sponsors who have subscribed to Diamond, Platinum, Gold and Silver level sponsorships contribute to offering free registrations to this bank.

PATIENT INCLUDED (PATIENTS INCLUS)

The conference planning committee has committed to organizing a conference that is inclusive of people with lived or living experience of mental health or substance use challenges.



We have been inspired by the five clauses of the Patients Included™ charter:

1. Several people with lived or living experience of mental health or substance use challenges actively participated in the design and planning of the event, including the selection of themes, topics and speakers. Please see the members of the conference planning and scientific committees above on page 6.
2. People with lived or living experience of mental health or substance use challenges have been invited to participate as conference speakers, and will appear in the conference's physical and virtual audience.
3. The conference registration fees and travel and accommodation expenses for people with lived or living experience of mental health or substance use challenges that appear in the conference have been covered in full. In addition, a bursary program is available (see above) to allow people with lived or living experience and their caregivers to attend the conference as delegates.
4. The disability requirements of participants are accommodated. All applicable sessions and other program activities are open to people with lived or living experience of mental health or substance use challenges.
5. Virtual participation in the conference is available and all presentations will be streamed live and accessible to all conference participants.

Program at a glimpse – Day 1 - Friday June 17th, 2022

IN-PERSON

7: 00 - 9: 30 - Registration and Networking

HYBRID (IN-PERSON AND VIRTUAL)

9: 30 - 10: 00 – Welcome Remarks

- Matthew Menear, Chair of the Scientific Committee and Yasmina Lahlou, family peer helper project manager at AQRP
- Guy Thibodeau, CEO, CIUSSS de la Capitale-Nationale
- Bruno Marchand, Mayor of Quebec City
- Lionel Carmant, Minister for Health and Social Services

10:00 - 11:00 – Opening Plenary

Collaboration and engagement: The future of mental health care in Canada

- Samuel Breau, Mental Health Commission of Canada

11:00 - 11:15 – Break, Kiosks & Poster Visits || Transitions

11:15 - 12:15 – Concurrent Sessions A

Ballroom*	Panel-76-Breau*		
Room 1*	Oral-99-Bellemare*	Oral-90-Sauvageau*	Oral-96-Thériault*
Room 2	Oral-47-Marcinow	Oral-24-Hirano	Oral-95-Menear
Room 3	Oral-46-Sandercock	Oral-85-St.Amour	Oral-32-Hey
Room 4	Oral-58-StPierre	TPC-73-Mercille	Oral-86-Langlois
Virtual room 1	Oral-23-Dumais-Michaud	Oral-33-Genois	Oral-30-Théoret
Virtual room 2	Panel-69-Jaouich		
Virtual room 3	Panel-28-MacDonald Werstuck		

* Simultaneous Translation

12:15 à 13:30 – Networking lunch || Kiosks and Posters Visits

Program at a glimpse – Day 1 - Friday June 17th, 2022

13:30 - 15:00 – Concurrent Sessions B

Ballroom*	Oral-15-Vetri*	Panel-70-Lesage *		
Room 1	Oral-106-Kohler*	Oral-20-Boswell*	Oral-104-Miatello*	Oral-103-Menear*
Room 2	Oral-84-Laboissière	Oral-29-Fortier	Oral-63-Roy	TPC-88-Langlois
Room 3	Atelier-34-Morin			
Room 4	Atelier-79-Rousseau			
Virtual room 1	Oral-6-Porter	Panel-81-Wadhawan		
Virtual room 2	Oral-60-Hernandez-B	TPC-82-Mansfield		
Virtual room 3	Oral-40-Brown	Oral-100-Spagnolo	Oral-9-Fleury	

* Simultaneous Translation

15:00 - 15:30 - Break, Kiosk & Poster Visits || Transitions

15:30 - 15:45 – Awards | CFPC-CPA Collaborative Care Award Presentations

15:45 - 17:00 – Plenary Roundtable

Integrated youth mental health services in Canada: Current progress and a vision for the future

- Steve Mathias, Executive Director, Foundry,
- Joanna Henderson, Director, Youth and Family Health, Senior Scientist, Child, Youth and Emerging Adult Program, CAMH
- Dan Nixon, Youth and Peer Coordinator, Foundry
- Skye Barbic, Assistant Professor in the Department of Occupational Science and Occupational Therapy at the University of British Columbia (UBC)

17:00 - 18:30 – Cocktail // Kiosks and Posters Visits

End of the first day!!
Don't forget to complete your online evaluation!
Have a good night!

Program at a glimpse – Day 2 – SATURDAY June 18th, 2022

IN-PERSON

7: 00 - 8: 30 - Registration and Kiosks & Posters Visits

HYBRID (IN-PERSON AND VIRTUAL)

8: 30 - 8:45 – Welcome to Day 2

8:45 - 9:00 – Break, Kiosks & Posters Visits || Transitions

9:00 - 10:30 – Concurrent Sessions C

Ballroom*	Workshop-102-Kohler*			
Room 1	Oral-89-StPierre*	Oral-94-Porier*	Oral-71-Leblanc*	Oral-8-Kossi*
Room 2	Oral-Innov-13-Rochette + Oral-Innov-36-Tougas + Oral-Innov-111-Chalfoun			
Room 3	Workshop-16-Green			
Room 4	Workshop-35-Leduc			
Virtual room 1	Workshop-92-Pelling			
Virtual room 2	Workshop-25-Sunderji			

* Simultaneous Translation

10:30 - 11:00 – Break, Kiosks & Posters Visits || Transitions

11:00 - 12:00 – Plenary : A conversation on culture, equity and recovery

- Tyler Simmonds, filmmaker, actor and speaker
- Kwame McKenzie, psychiatrist, professor, Researcher, Director of Health Equity at CAMH, CEO of Wellesley Institute

12:00 - 13:00 – Networking Lunch and Kiosks & Posters Visits

Program at a glimpse – Day 2 – SATURDAY June 18th, 2022

13:00 - 14:00 – Concurrent Sessions D

Ballroom*	Oral-49-Williams*	Oral-41-Patriquin*	Oral-72-Menear*
Room 1	Oral-39-Fischer	Oral-83-Gummadi	
Room 2	Oral-78-Humphreys	Oral-43-Kourgiantakis	Oral-19-Boswell
Room 3	Oral-91-Béchar	Oral-93-Gioia	TPC-98-Gordon
Room 4	Oral-64-Renaud	Oral-66-Gagnon	Oral-44-Tremblay
Virtual room 1	Panel-50-Piat*		
Virtual room 2	Oral-Innov-61-D'Addario + Orale-Innov-77-Melamed		
Virtual room 3	Oral-53-Thomson	Oral-4-Thomson	Oral-113-Ryan

* Simultaneous Translation

14:00 - 14:15 - Break, Kiosk & Posters Visits || Transitions

14:15 - 15:15 – Concurrent Sessions E

Ballroom*	Panel - 74 - Rice*		
Room 1	Oral - 21 - Pariseau-Legault	Oral 54 - Tremblay	Oral - 87 - LeCorff
Room 2		Oral-105-Brinn	TPC-42-Patriquin
Room 3	TPC - 3 - Lavoie	Oral - 12- Ngo-Minh	Oral - 26 - Vigneault
Room 4	Panel-57-Benny		
Virtual room 1	Panel-56-Piat *		
Virtual room 2	Oral-110-Gandhi	Oral-80-Gal	Oral - 10 - Samuels-Dennis
Virtual room 3	Oral-38-Davine	Oral-109-Singh	

* Simultaneous Translation

15:15 – Transitions

15:20 - 15:45 – ‘Ask me anything’ with Nick Kates

- Nick Kates, Professor and Chair of the Department of Psychiatry & Behavioural Neurosciences at McMaster University
- Matthew Menear, Assistant Professor in the Department of Family Medicine and Emergency Medicine at Université Laval and Researcher at the VITAM Research Centre for Sustainable Health

15:45 - 16:00 – Transition to 2023 Conference Team & Closing Remarks

End of the second day and the 2022 Conference!
Don't forget to complete your online evaluation!
Thank you!

YOUR HOSTS



Matthew Menear is an Assistant Professor in the Department of Family Medicine and Emergency Medicine at Université Laval and Researcher at the VITAM Research Centre for Sustainable Health. He is also the Scientific Leader of the RCPI (Réseau de collaboration sur les pratiques interprofessionnelles en santé et en services sociaux), a provincial centre of expertise in inter professional collaboration, and Co-Director of the Quebec Primary Care Practice-Based Research Network. He leads the REMIX Research Team, which aims to empower people with mental health or substance use challenges and support the widespread adoption of integrated, recovery-oriented mental health and substance use services across Canada and internationally.

Yasmina Lahlou is a Family Peer support project leader at AQRP (Association québécoise pour la réadaptation psychosociale), an organization whose mission is to improve mental health practices and services, as well as she is a Family peer support worker at La Boussole, an organization helping relatives of a person with mental illness. She is also a meditation and yoga teacher and worked with Je cours QC on a podcast « L'importance d'un esprit sain », where she was talking about mindfulness and on a video where she was giving some tips for running with the mind of meditation. She participated in a few science popularization fair including one on antidepressants which led her to Durban, South Africa.



KEYNOTES SPEAKERS



Born and raised in Montreal, **Dr. Skye Barbic** is an Assistant Professor in the Department of Occupational Science and Occupational Therapy at the University of British Columbia (UBC), where she completed her second postdoctoral fellowship.

Dr. Barbic completed her first postdoctoral fellowship at the Centre for Addiction and Mental Health in Toronto, where she developed a comprehensive measure of personal recovery for people with serious mental health conditions such as schizophrenia.

Collaboration and engagement: The future of mental health care in Canada. A 2005 Loran scholar, **Samuel Breau** is Manager of Access to Quality Mental Health Care at the Mental Health Commission of Canada. Over the last decade and a half, Samuel has led and contributed to several public health and mental health programs and initiatives, including workplace mental health, structural stigma, suicide prevention, seclusion and restraint prevention, the opioids crisis, and mental health and the law. Samuel has also worked with partners from coast to coast to coast to increase uptake of recovery-oriented practices and recently oversaw the development and release of an implementation toolkit. Samuel holds a Master of Public Health and Social Policy from the University of Victoria, is an active member of the Canadian College of Health Leaders and is working towards a Certified Health Executive designation. Samuel openly shares his experience living with a mental illness as a 2016 Face of Mental Illness and friend of the Bell Let's Talk awareness campaign.



Dr. Joanna Henderson is Director of the Margaret and Wallace McCain Centre for Child, Youth & Family Mental Health at the Centre for Addiction and Mental Health (CAMH) and Executive Director of Youth Wellness Hubs Ontario. She is also a Senior Scientist at CAMH and a Professor in the Department of Psychiatry at the University of Toronto. Her work aims to improve access to high quality, integrated services for youth with substance use and/or mental health concerns and their families.

KEYNOTES SPEAKERS

Nick Kates is Professor and Chair of the Department of Psychiatry & Behavioural Neurosciences at McMaster University with a cross appointment in the Departments of Family Medicine, and of Health, Aging and Society at McMaster. For 12 years he was the Director of the Hamilton HSO / FHT Mental Health and Nutrition Program, which integrates psychiatrists, mental health counsellors and dietitians into the offices of what are now 180 family physicians across Hamilton and for 5 years he was the Ontario Lead for the Quality Improvement and Innovation Partnership (QIIP) which promoted quality improvement in primary care. He has also co-chaired the Canadian Psychiatric Association – College of Family Physicians of Canada joint working group on collaborative mental health care in Canada for 25 years. But most importantly he is a life-long Arsenal supporter.



Dr. Steve Mathias is a child and adolescent psychiatrist, Clinical Assistant Professor at the University of British Columbia and the Executive Director at Foundry and has a fellowship in addiction medicine. He has provided strategic direction for the Foundry initiative since its inception in 2015 and has worked closely with partners in government, health care and communities across British Columbia and Canada to mobilize results and influence policy and practice. He lives and works on the unceded and ancestral lands of the Coast Salish people and is a proud father of three school-aged daughters and a golden doodle.

A conversation on culture, equity and recovery. **Dr. Kwame McKenzie** is CEO of the Wellesley Institute, a full Professor in the Department of Psychiatry at the University of Toronto, and an international expert on the social causes of illness and the development of effective, equitable social policy and health systems. He is also Director of Health Equity at the Centre for Addiction and Mental Health (CAMH); and a practicing psychiatrist.



KEYNOTES SPEAKERS



Dan Nixon is an Engagement Specialist at Foundry working to ensure that meaningful, accountable and intentional engagement is taking place across Foundry programs. Dan has a keen interest in person centered research, specifically co-designed and co-created research between researchers and young people with lived experience. Dan is an experienced facilitator, moderator and speaker. Dan leads through curiosity, empathy and his steadfast belief that pineapple should never go on pizza.

A conversation on culture, equity and recovery. **Tyler Simmonds** is an Award Winning Canadian Film Director, with titles including In My Mind and the Lead With Love series. Tyler is also a Keynote Speaker and Advocate for Mental Health and Mindfulness, having spoken at many notable events such as TEDx and We Day. He was named one of “10 Inspiration People under 30 You Should Be Following on Twitter,” by The Huffington Post in 2016, alongside Malala Yousafzai, Stephen Curry, and Shawn Mendes. Tyler’s passion, courage, and authenticity allow him to connect with people in deep and meaningful ways. His keen eye and natural storytelling ability enable him to engage and resonate with his audiences through the sharing of his perspectives. Tyler’s messages are “Made to touch your soul,” and they absolutely succeed in this venture.



Plenaries

All plenaries are offered in hybrid format (In-Person and Virtual)

Day 1 – Friday June 17th, 2022

10: 00 - 11: 00 OPENING PLENARY

Collaboration and engagement: a win-win strategy for service users and providers

Samuel Breau, Manager, Access to Quality Mental Health Services, Mental Health Commission of Canada

During this opening plenary, Samuel will build a compelling case for how collaboration and engagement should not only be an aspiration; they can and should be expected by service users and providers alike. He will also share concrete steps that people and organisations can take to implement collaborative models of care and provide services that are grounded in recovery-oriented practice.

Samuel will share insights based on the latest evidence, gained through his professional expertise and his own experience living with a mental illness. Over his decades long journey working with organisations and people from coast to coast to coast, Samuel carries countless stories about the life changing impacts of interdisciplinary collaboration and engagement of service users. Join us for this session and hear about how involvement of service users as partners can transform care and improve the quality of mental health and substance use services.

Learning Objectives:

By the end of this session, participants should be able to:

- Recognize the importance and benefits of a recovery-oriented, collaborative model of mental health care for both service users and providers
- Discuss how the engagement of service users as partners can transform care and improve the quality of mental health and substance use services
- Describe actions that can be taken to engage more meaningfully with service users in the delivery and organization of collaborative care services

15: 45 - 17: 00 Plenary 2 || Roundtable**Integrated youth mental health services in Canada: Current progress and a vision for the future**

- Steve Mathias, Executive Director, Foundry
- Joanna Henderson, Director, Youth and Family Health, Senior Scientist, Child, Youth and Emerging Adult Program, CAMH
- Dan Nixon, Youth and Peer Coordinator, Foundry
- Skye Barbic, Assistant Professor in the Department of Occupational Science and Occupational Therapy at the University of British Columbia (UBC)
- TBD

This session brings together leaders in integrated youth mental health services from across Canada. Dan will share his journey as a youth service user, youth advisor and peer engagement leader at Foundry in BC and explain the need for youth mental health services that are integrated and co-designed with youth. Leaders from three innovative programs from BC (Foundry), Ontario (Youth Mental Wellness Hubs), and Quebec (Aire Ouverte) will then describe their programs, their impacts, and the challenges that remain. Together, the leaders will share their perspectives on the future of integrated youth mental health services and the development of a national network that will transform services and improve the lives of youth across Canada.

Learning Objectives

By the end of this session, participants should be able to:

- Describe the experiences of youth seeking services for mental health and/or substance use problems
- Explain how collaboration and engagement occurs within innovative programs designed to support youth with mental health and/or substance use problems
- Discuss the specific impacts and challenges of youth mental health programs in Quebec, Ontario and British Columbia

Plenaries

All plenaries are offered in hybrid format (In-Person and Virtual)

Day 2 – SATURDAY, June 18th, 2022

11: 00 - 12: 00 Plenary 3 || A conversation on culture, equity and recovery

- Tyler Simmonds, filmmaker, actor and speaker
- Kwame McKenzie, psychiatrist, professor, Researcher, Director of Health Equity at CAMH, CEO of Wellesley Institute

In this unique plenary session, two powerful voices will share insights and personal stories to shed light on the social and cultural forces that shape mental health in racialized communities. Tyler, an award-winning film director, speaker and advocate, will share his inspiring story of mental illness and recovery as well as his perspectives on the broader determinants of mental health. Kwame, an international expert in the social causes of illness, will share his own experiences on being Black in the UK and Canada and how innovative programs and services can improve access to care, reduce inequities and improve outcomes in racialized populations. This session will take the form of a free flowing conversation with Tyler and Kwame taking turns tapping into their respective knowledge and lived experiences.

Learning objectives

By the end of this session, participants should be able to:

- Explain the importance of taking actions to address the social determinants of mental health and well-being
- Discuss the unique challenges experienced by racialized and marginalized communities as it pertains to living with and seeking care for mental health and/or substance use problems
- Describe how collaborative mental health care services can reduce health inequities and better meet the needs of individuals from racialized and marginalized communities

Concurrent sessions

003-CCSCSM **Borderline...mais pas folle! Apprendre à vivre Timeux avec un trouble en santé mental** (*Borderline...but not Crazy! Learning to Live Happily with a Mental Health Disorder*)

Language: FRENCH Simultaneous Translation: NO

Main (author) Presenter: **Johanne Lavoie**

Co-presenter(s): .

Co-Author(s):

Type of presentation:: First person account and creative presentation Format: IN-PERSON

Day: SATURDAY Time: 14:15 - 14:35 Room: Room 3

Specific Objectives:

- Comprendre le quotidien avec un TP
- Reconnaître la stigmatisation et tabou liés à un trouble en santé mentale
- Identifier des méthodes fonctionnant à travers la modélisation

Specific Objectives (translation):

Understanding everyday life with a personality disorder
Recognize the stigma and taboo associated with a mental health disorder
Identify methods that work through modeling

004-CCMHCC **Suicide Prevention in Rural Canada** (*Prévention du suicide dans les régions rurales du Canada*)

Language: ENGLISHs Simultaneous Translation: NO

Main (author) Presenter: **Andrea Thomson**

Co-presenter(s): **Kimberly D. Ryan**

Co-Author(s): Sharran Mullins, Candice Waddell-Henowitch, Donna Epp, Rachel Herron, Kyrre Rauch, Kimberly Ryan

Type of presentation:: Oral Presentation Format: VIRTUAL

Day: SATURDAY Time: 13:20 - 13:40 Room: VIRTUAL 3

Specific Objectives:

- Discuss rurality and suicide in Canada
- Outline barriers to accessing mental health services in rural communities
- Discuss strategies to better address the unique health care needs of rural Canadians

Specific Objectives (translation):

Discuter de la ruralité et du suicide au Canada
Décrire les obstacles liés à l'accès aux services en santé mentale dans les communautés rurales
Discuter des stratégies pour mieux répondre aux besoins uniques en soins de santé des Canadiens en régions rurales

006-CCMHCC Developing and Implementing a Machine Intelligence Mental Health System Navigation Chatbot to Support Healthcare Workers in Two Canadian Provinces (Project Protocol)

(Développement et mise en œuvre d'un chatbot de navigation dans le système de santé mentale à intelligence artificielle pour soutenir les travailleurs de la santé dans deux provinces canadiennes (protocole de projet))

Language: ENGLISH

Simultaneous Translation: NO

Main (author) Presenter: **Ken Porter**

Co-presenter(s): **Jasmine Noble**

Co-Author(s): **Jasmine Noble**

Type of presentation:: Oral Presentation

Format: VIRTUAL

Day: FRIDAY

Time: 13:30 - 13:50

Room: VIRTUAL 1

Specific Objectives:

Recognize MIRA, a mental health system navigation chatbot, that uses artificial intelligence and machine learning to support Canadians in getting information on services and programs at their time of need.

Specific Objectives (translation):

Reconnaître MIRA, un chatbot de navigation du système de santé mentale, qui utilise l'intelligence artificielle et l'apprentissage automatique pour aider les Canadiens à obtenir des informations sur les services et les programmes au moment où ils en ont besoin.

008-CCSCSM L'accès aux soins d'urgence en zones rurales au Québec: entre conceptualisation et analyse du mode de gouvernance du Living Lab Charlevoix dans la dynamique du transfert de connaissances

(Access to Emergency Care in Rural Areas of Quebec: Between Conceptualization and Analysis of the Mode of Governance of the Living Lab Charlevoix within the Dynamics of Knowledge Translation)

Language: FRENCH

Simultaneous Translation: YES

Main (author) Presenter: **Kossi Adandjesso**

Co-presenter(s): **Il n'y a aucun Co-presenter**

Co-Author(s):

Type of presentation:: Oral Presentation

Format: IN-PERSON

Day: SATURDAY

Time: 10:00 - 10:20

Room: Room 1

Specific Objectives:

Analyser le processus de gouvernance de Living Lab;
Évaluer les stratégies de diffusion des connaissances scientifiques
Expliquer la difficulté d'accès aux soins d'urgence à travers les cinq dimensions

Specific Objectives (translation):

*Analyze the Living Lab governance process
Evaluate strategies for disseminating scientific knowledge
Explain the difficulty of access to emergency care through the five dimensions*

009-CCMHCC Deployment of the Quebec Consultation-Liaison Model in Adult and Child-Adolescent Psychiatry and its Impact on Improving Mental Health Treatment

(Déploiement du modèle québécois de consultation-liaison en psychiatrie de l'adulte et de l'enfant-adolescent et son impact sur l'amélioration des soins en santé mentale)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Marie-Josée Fleury		
Co-presenter(s):			
Co-Author(s):			
Type of presentation::	Oral Presentation	Format:	VIRTUAL
Day:	FRIDAY	Time:	14:10 -14:30
		Room:	VIRTUAL 3
Specific Objectives:			

Understand the specialist respondent-psychiatrists (SRP), collaborative care model in Quebec, and its implementation barriers and facilitators.

Understand the specialist respondent-psychiatrists (SRP), collaborative care model in Quebec, and its impact on the consolidation of primary care and youth centers to treat patients with mental health disorders.

Understand the specialist respondent-psychiatrists (SRP), collaborative care model in Quebec, and how they compared in adult and child-adolescent psychiatry, and features that contribute to improve the perceived overall impact of the SRP function.

Specific Objectives (translation):

Comprendre le modèle de soins de collaboration des répondants-psychiatres spécialisés au Québec, ainsi que ses obstacles et facilitateurs d'implantation.

Comprendre le modèle de soins de collaboration des répondants-psychiatres spécialisés au Québec et son impact sur la consolidation des soins de première ligne et des centres jeunesse pour traiter les patients atteints de troubles en santé mentale.

Comprendre les répondants-psychiatres spécialistes, le modèle de soins collaboratifs au Québec, et comment ils se comparent en psychiatrie adulte et enfant-adolescent, et les caractéristiques qui contribuent à améliorer l'impact global perçu de leur fonction.

010-CCMHCC Smashing the Mirror: A Transformational Model of Trauma and Recovery

(Fracasser le miroir: un modèle transformationnel de traumatisme et de rétablissement)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Joan Samuels-Dennis		
Co-presenter(s):			
Co-Author(s):			
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	14:25 - 14:45
		Room:	VIRTUAL 2
Specific Objectives:			

Introduce a model of transformative trauma recovery to practitioners, educators, community healers and people with lived experience;

Explore how the model may be used to complement traditional and NOtraditional psychotherapeutic techniques;

Demonstrates how the model has and can be used to support emotional healing among individuals with a wide array of active traumatic responses.

Specific Objectives (translation):

Reconnaître le modèle de récupération transformatrice des traumatismes auprès des praticiens, des éducateurs, des intervenants communautaires et des personnes ayant une expérience vécue ;

Explorer comment le modèle peut être utilisé pour compléter les techniques psychothérapeutiques traditionnelles et NO traditionnelles ;

Démontrer comment le modèle a été utilisé et peut être utilisé pour soutenir la guérison émotionnelle chez les personnes présentant un large éventail de réponses traumatiques actives.

012-CCSCSM REPITPsychose.org: Une collection d'outils psychoéducatifs en ligne utiles à tous professionnels en santé mentale pour promouvoir le modèle de soin biopsychosocial et la responsabilisation de la personne dans son rétablissement

(REPITPsychose.org: A Collection of Online Psychoeducational Tools Useful to all Mental Health Professionals to Promote the Biopsychosocial Model of Care and Empowerment of the Person in their Recovery)

Language: FRENCH Simultaneous Translation: NO
 Main (author) Presenter: Tin Ngo-Minh
 Co-presenter(s):
 Co-Author(s):
 Type of presentation:: Oral Presentation Format: IN-PERSON
 Day: SATURDAY Time: 14:35-14:55 Room: Room 3
 Specific Objectives:

Reconnaître la raison d'être de la psychoéducation et la responsabilité des soignants d'offrir des interventions personnalisées afin d'engager leurs patients dans leurs soins.
 Identifier les outils ePPv2 et les applications web complémentaires
 Utiliser les outils dans la pratique psychiatrique quotidienne dans le contexte des soins collaboratifs: avec la personne, la famille et les autres professionnels oeuvrant en santé mentale

Specific Objectives (translation):

*Recognize the purpose of psychoeducation and the responsibility of caregivers to offer personalized interventions in order to engage their patients in their own care.
 Identify ePPv2 tools and complementary web applications
 Use the tools in daily psychiatric practice in the context of collaborative care: with the user, the family and other professionals working in mental health*

013-CCSCSM Hospitalisation à domicile: une pratique novatrice en gériopsychiatrie

(Home Hospitalization: an Innovative Practice in Geriatric Psychiatry)

Language: FRENCH Simultaneous Translation: NO
 Main (author) Presenter: Hélène Rochette
 Co-presenter(s): Katerine Rousseau, Rachelle Sully
 Co-Author(s): Rachelle Sully, Dr Katerine Rousseau
 Type of presentation:: Oral Presentation – « Innovations in progress Format: IN-PERSON
 Day: SATURDAY Time: 9:00 - 9:30 Room: Room 2
 Specific Objectives:

Identifier des interventions pour éviter l'hospitalisation en psychiatrie pour les personnes âgées
 Définir l'importance de l'évaluation interdisciplinaire à domicile en situation de crise
 Décrire l'importance de la collaboration avec les partenaires et les proches

Specific Objectives (translation):

*Identify interventions to avoid hospitalization in psychiatry for the elderly
 Define the importance of interdisciplinary home assessment in a crisis situation
 Describe the importance of collaboration with partners and loved ones*

015-CCSCSM Pratiques centrées sur la famille des professionnels en santé mentale: un portrait de la situation au sein du réseau de la santé et des services sociaux du Québec

(Family-Centered Practices of Mental Health Professionals: a Portrait of the Situation within the Quebec Health and Social Services Network)

Language:	FRENCH	Simultaneous Translation:	YES
Main (author) Presenter:	Kelly Vetri		
Co-presenter(s):			
Co-Author(s):	Geneviève Piché, Aude Villatte, Marie-Ève Clément, Marie-Hélène Morin, Stéphane Richard-Devantoy, Darryl Maybery, Andrea Reupert, Marianne Fournier-Marceau		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	13:30 - 13:50
		Room:	BALLROOM
Specific Objectives:	Reconnaître la pertinence d'avoir une pratique centrée sur la famille en contexte de services en santé mentale Reconnaître le portrait de l'utilisation de pratiques centrées sur la famille par les professionnels québécois Identifier les principaux obstacles à l'utilisation de pratiques centrées sur la famille		

Specific Objectives (translation):

Recognize the relevance of having a family-centered practice in the context of mental health services
Recognize the profile of the use of family-centered practices by Quebec professionals
Identify key barriers to using family-centered practices

016-CCMHCC Managing Anxiety Conditions in Primary Care Using the Ottawa Anxiety Algorithm

(Gestion des états anxieux en soins primaires à l'aide de l'algorithme d'anxiété d'Ottawa)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Douglas Green		
Co-presenter(s):			
Co-Author(s):			
Type of presentation::	Workshop	Format:	IN-PERSON
Day:	SATURDAY	Time:	9:00 - 10:30
		Room:	Room 3
Specific Objectives:	Describe the prevalence and impact of anxiety conditions seen in primary care Describe the most common anxiety conditions seen in primary care Apply the Ottawa Anxiety Algorithm in managing the common anxiety disorders seen in primary care		

Specific Objectives (translation):

Décrire la prévalence et l'impact des états anxieux vus dans les soins de première ligne
Décrire les états anxieux les plus courants rencontrés en soins de première ligne
Appliquer l'algorithme d'anxiété d'Ottawa dans la gestion des troubles anxieux courants observés en soins de première ligne

019-CCMHCC School Phobia and Mental Health Exclusion*(Phobie scolaire et exclusion relative à la santé mentale)*

Language:	ENGLISHs	Simultaneous Translation:	NO
Main (author) Presenter:	Sheryl Boswell		
Co-presenter(s):			
Co-Author(s):			
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAYi	Time:	13:40 - 14:00
		Room:	Room 2
Specific Objectives:			

Recognise the nature of school phobia, ways to support a student with intense school anxiety, international best practices, research on "school refusal" and possible ways to support re-entry out of mental health crises and back to school

Identify the challenges that youth and families experience in advocating for needs-based educational accommodations and supporting their child's right to an education, healthcare and mental health supports and services so that they are able to access and manage an education.

Specific Objectives (translation):

Reconnaître la nature de la phobie scolaire, les moyens de soutenir un élève souffrant d'anxiété scolaire intense, les meilleures pratiques internationales, la recherche sur le «refus scolaire» et les moyens possibles de soutenir la réintégration après une crise et le retour à l'école

Identifier les difficultés rencontrées par les jeunes et les familles pour défendre des aménagements éducatifs fondés sur les besoins et soutenir le droit de leur enfant à une éducation, des soins de santé et des soutiens et services en santé mentale afin qu'ils puissent accéder à une éducation et la gérer.

020-CCMHCC Upstream Perspectives on Youth Mental Health and Suicide Prevention: All Social Justice Issues Impact Youth Mental Health*(Perspectives en amont sur la santé mentale des jeunes et la prévention du suicide: toutes les questions de justice sociale ont une incidence sur la santé mentale des jeunes)*

Language:	ENGLISH	Simultaneous Translation:	YES
Main (author) Presenter:	Sheryl Boswell		
Co-presenter(s):			
Co-Author(s):			
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	13:50 - 14:10
		Room:	Room 1
Specific Objectives:			

Identify youth mental health systemic and structural challenges and discriminatory policies and practices.

Increase awareness about how marginalized, vulnerable, and at-risk youth and families are impacted by mental health challenges, disabilities, and discrimination.

Explore international best practices in youth mental health and suicide prevention

Specific Objectives (translation):

Identifier les défis systémiques et structurels de la santé mentale des jeunes et les politiques et pratiques discriminatoires.

Accroître la sensibilisation à la façon dont les jeunes et les familles marginalisés, vulnérables et à risque sont touchés par les problèmes de santé mentale, les handicaps et la discrimination.

Explorer les meilleures pratiques internationales en matière de santé mentale des jeunes et de prévention du suicide

021-CCSCSM Entre autosoins et psychothérapie: analyse des enjeux de reconnaissance des interventions de soutien au sein des nouvelles politiques de santé mentale au Québec

(Between Self-Care and psychotherapy: Analysis of the Issues of Recognition of Support Interventions within New Mental Health Policies in Quebec)

Language: FRENCH

Simultaneous Translation: NO

Main (author) Presenter: **Pierre Pariseau-Legault**

Co-presenter(s):

Co-Author(s):

Type of presentation:: Oral Presentation

Format: IN-PERSON

Day: SATURDAY

Time: 14:45 - 15:05

Room: Room 1

Specific Objectives:

Situer les interventions de soutien dans le continuum de services de santé mentale au Québec

Décrire les principales composantes des interventions de soutien

Expliquer les enjeux de mise en œuvre des interventions de soutien selon une perspective interdisciplinaire

Specific Objectives (translation):

Recognize support interventions in the continuum of mental health services in Quebec

Describe the main components of supportive interventions

Explain the issues of implementing support interventions from an interdisciplinary perspective

023-CCSCSM La collaboration professionnelle dans les programmes d'accompagnement justice santé mentale: regard sur les défis et les opportunités

(Professional Collaboration in Mental Health Justice Support Programs: an Outlook at the Challenges and Opportunities)

Language: FRENCH

Simultaneous Translation: NO

Main (author) Presenter: **Audrey-Anne Dumais Michaud**

Co-presenter(s):

Co-Author(s):

Yanick Charrette, Geneviève Nault, Anne Crocker

Type of presentation:: Oral Presentation

Format: VIRTUAL

Day: FRIDAY

Time: 11:15 - 11:35

Room: VIRTUAL 1

Specific Objectives:

Identifier les programmes d'accompagnement justice santé mentale (PAJ-SM)

Discuter des enjeux professionnels dans les PAJ-SM

Reconnaître les effets des PAJ-SM sur le rétablissement des personnes ayant des problèmes de santé mentale

Specific Objectives (translation):

Identify mental health justice support programs (PAJ-SM)

Discuss professional issues in the PAJ-SM

Recognize the effects of PAJ-SM on the recovery of people with mental health problems

024-CCMHCC Peer Leader Roles: Tips and Turns from the Hamilton Program for Schizophrenia
(Rôles des pairs leaders: trucs et astuces du programme Hamilton pour la schizophrénie)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Gord Hirano		
Co-presenter(s):	Ilinka Zecevic Sal Paez		
Co-Author(s):	Liz Malcolmson, Sal Paez, Ilinka Zecevic		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day: FRIDAY	Time: 11:35 - 11:55	Room:	Room 2
Specific Objectives:			

At the end of this session, participants will be able to recognise the HPS Peer Leader role in addressing stigma
 At the end of this session, participants will be able to recognise the HPS Peer Leader role with providing group and one-to one support
 At the end of this session, participants will be able to recognise the HPS Peer Leader role in leadership

Specific Objectives (translation):

Reconnaître le rôle de HPS Peer Leader dans la lutte contre la stigmatisation
Reconnaître le rôle de HPS Peer Leader pour offrir un soutien de groupe et individuel
Reconnaître le rôle de HPS Peer Leader dans le leadership

025-CCMHCC 1, 2, 3, 4, Let's Work Together to Measure More
(1, 2, 3, 4, travaillons ensemble pour mesurer plus)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Nadiya Sunderji		
Co-presenter(s):	Heather Bullock, Sarah Jarman, Jack Haggerty, Viraj Mehta, Phil Klassen		
Co-Author(s):	Sarah Jarman, Jack Haggerty, Phil Klassen, Heather Bullock, Judith Francis, Viraj Mehta		
Type of presentation::	Workshop	Format:	VIRTUAL
Day: SATURDAY	Time: 9:00 - 10:30	Room:	VIRTUAL 2
Specific Objectives:			

Describe how measurement-based care functions as a key element of evidence-informed collaborative mental health care approaches
 Analyze typical barriers to the implementation of measurement-based care and strategies to address them
 Develop their own implementation/change management plan for adopting measurement based care within their practice or organization

Specific Objectives (translation):

Décrire comment les soins basés sur la mesure fonctionnent comme un élément clé des approches de soins de collaboration en santé mentale fondées sur des données probantes
Analyser les obstacles typiques à la mise en œuvre des soins basés sur la mesure et les stratégies pour les surmonter
Élaborer leur propre plan de mise en œuvre/gestion du changement pour adopter des soins basés sur la mesure au sein de leur pratique ou organisation

026-CCSCSM La reconnaissance du savoir expérientiel dans le partenariat avec les personnes utilisatrices de service de santé mentale
(Recognition of Experiential Knowledge in Partnership with Mental Health Service Users)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Luc Vigneault		
Co-presenter(s):	Julie Tansey		
Co-Author(s):	Luc Vigneault		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	15:25 - 15:45
		Room:	Room 3
Specific Objectives:			

Reconnaître la valeur du savoir expérientiel des personnes vivant ou ayant vécu un problème de santé mentale;
 Reconnaître l'importance de développer un partenariat avec ces personnes dans le développement de services axés sur le rétablissement;
 Comprendre les principes et les valeurs sous-jacents à l'implication des personnes en rétablissement;

Specific Objectives (translation):

*Recognize the value of the experiential knowledge of people living or having lived a mental health problem;
 Recognize the importance of developing a partnership with these people in the development of recovery-oriented services;
 Understand the principles and values underlying the involvement of people in recovery*

028-CCMHCC Expanding Mental Health Care through Nutrition Therapy
(Accroître les soins de santé mentale grâce à la thérapie nutritionnelle)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Michele MacDonald Werstuck		
Co-presenter(s):	Jackie Evans Marc Legault		
Co-Author(s):	Jackee Evans, Marc Legault		
Type of presentation::	Panel	Format:	VIRTUAL
Day:	FRIDAY	Time:	11:15 - 12:15
		Room:	VIRTUAL 3
Specific Objectives:			

Identify ways to raise awareness of the intersection between nutrition and mental health to enhance patient and team engagement
 Recognise the benefits of medical nutrition therapy to meet increased nutritional needs, correct deficiencies, manage cravings and nutrition related medication side effects and promote healthier relationships with food for patients living with depression, anxiety, substance use disorder and disordered eating
 Identify strategies to build capacity and expand mental health services in family practice with nutrition therapy

Specific Objectives (translation):

*Identifier des moyens de sensibiliser à l'importance entre la nutrition et la santé mentale pour améliorer l'engagement des patients et de l'équipe
 Reconnaître les avantages de la thérapie nutritionnelle médicale pour répondre aux besoins nutritionnels accrus, corriger les carences, gérer les fringales et les effets secondaires des médicaments liés à la nutrition et promouvoir des relations plus saines avec la nourriture pour les patients souffrant de dépression, d'anxiété, de troubles liés à l'utilisation de substances et de troubles de l'alimentation
 Identifier des stratégies pour renforcer les capacités et étendre les services de santé mentale en médecine familiale avec la thérapie nutritionnelle*

029-CCSCSM **Projet Pôle Santé mentale et psychosociale**
(Mental and Psychosocial Health Pole Project)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Laurence Fortier		
Co-presenter(s):	Emmanuelle Lepire, Dominique Chrétien, Jean-François Beaulieu, Véronique Fugère		
Co-Author(s):	Dominique Chrétien, Emmanuelle Lepire, Véronique Fugère, Jean-François Beaulieu		
Type of presentation::	Présentations orale	Format:	IN-PERSON
Day:	FRIDAY	Time:	13:50 - 14:10
		Room:	Room 2

Specific Objectives:

Reconnaître le projet en cours d'implantation / évolution
 Comprendre les stratégies de collaboration interdisciplinaire mis en place dans la clinique
 Comprendre les trajectoires intrant-sortant et les objectifs de suivis

Specific Objectives (translation):

*Recognize the project being implemented/evolved
 Understand the interdisciplinary collaboration strategies implemented in the clinic
 Understand incoming-outgoing trajectories and monitoring objectives*

030-CCSCSM **Médecine de rue & soins de proximité**
(Street Medicine & Local Care)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Claude Théoret		
Co-presenter(s):	Caroline Rancourt		
Co-Author(s):	Caroline Rancourt		
Type of presentation::	Présentations orale	Format:	VIRTUAL
Day:	FRIDAY	Time:	11:55 - 12:15
		Room:	VIRTUAL 1

Specific Objectives:

Reconnaître les compétences propres à une approche globale (biopsychosociale, situationnelle et environnementale) par le biais de services axés sur l'aspect santé et permettant de mieux rejoindre une population désaffiliée.
 Comprendre l'essence et la philosophie et l'efficacité de l'approche de proximité auprès d'une population vulnérable désaffiliée
 Identifier les partenariats importants à développer au niveau de la collaboration inter professionnelle et inter organisationnelle, en lien avec cette population

Specific Objectives (translation):

*Recognize the skills specific to a global approach (biopsychosocial, situational and environmental) through services focused on the health aspect and making it possible to better reach a disaffiliated population.
 Understand the essence and philosophy and effectiveness of the outreach approach with a disaffiliated vulnerable population
 Identify the important partnerships to be developed at the level of inter-professional and inter-organizational collaboration, in connection with this population*

032-CCMHCC Towards Mental Health and Substance Use Service and Systems Integration
(Vers l'intégration des services et des systèmes de santé mentale et de dépendances)

Language: ENGLISH Simultaneous Translation: NO
 Main (author) Presenter: **Brandon Hey**
 Co-presenter(s):
 Co-Author(s): Justine Renard
 Type of presentation:: Présentations orale **Format:** IN-PERSON
 Day: FRIDAY **Time:** 11:55 - 12:15 **Room:** Room 3
 Specific Objectives:

At the end of the session, participants will be able to understand the current state of the evidence related to integrated mental health and substance use systems of care
 At the end of the session, participants will be able to describe different barriers and facilitators to integrated mental health and substance use care, at the service, system and policy levels
 At the end of the session, participants will be able to identify key recommendations for integrating Mental Health (MH) and Substance Use (SU) care to better address people with SU and/ or MH disorders

Specific Objectives (translation):

*Comprendre l'état actuel des preuves liées aux systèmes de soins intégrés en santé mentale et en dépendances.
 Décrire les différents obstacles et facilitateurs aux soins intégrés en santé mentale et en dépendances, aux niveaux des services, du système et des politiques
 Identifier les principales recommandations pour intégrer les soins en santé mentale et en dépendances afin de mieux prendre en charge les personnes atteintes de ces troubles.*

033-CCSCSM Initiative communautaire de co-développement en santé mentale dans la Haute-St-Charles
(Community Mental Health Co-Development Initiative in Haute-St-Charles)

Language: FRENCH Simultaneous Translation: NO
 Main (author) Presenter: **Cindy Genois**
 Co-presenter(s): **Karine Bérubé, Isabelle Barbeau**
 Co-Author(s): Karine Bérubé, Isabelle Barbeau
 Type of presentation:: Présentations orale **Format:** VIRTUAL
 Day: FRIDAY **Time:** 11:35 - 11:55 **Room:** VIRTUAL 1
 Specific Objectives:

Décrire le processus de la mise en place d'un groupe de co-développement en santé mentale;
 Organiser un groupe de co-développement en santé mentale;
 Recommander la pratique du co-développement en santé mentale dans son milieu et/ou territoire.

Specific Objectives (translation):

*Describe the process of setting up a mental health co-development group;
 Organize a mental health co-development group;
 Recommend the practice of co-development in mental health in their environment and/or territory.*

034-CCSCSM Partage d'informations et respect de la confidentialité en santé mentale: transfert de connaissances et réflexions sur des solutions à mettre en place pour favoriser l'établissement de pratiques collaboratives entre des personnes proches aidantes, des pe

(Information Sharing and Respect for Confidentiality in Mental Health: Knowledge Translation and Reflections on Solutions to be Implemented to Promote the Establishment of Collaborative Practices between Informal Caregivers, Service Users and Mental Health)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Marie-Hélène Morin		
Co-presenter(s):	Julie Coulombe, Isabelle Harnois, Annik Moreau, Maryse Proulx		
Co-Author(s):	Mary Anne Levasseur, Annik Moreau, Joannie Lebrun, Maryse Proulx, Julie Bouchard		
Type of presentation::	Workshop	Format:	IN-PERSON
Day:	FRIDAY	Time:	13:30 - 15:00
		Room:	Room 3
Specific Objectives:			

Identifier les enjeux liés au partage d'informations et au respect de la confidentialité vécus par les personnes proches aidantes (PPA) et les professionnels en santé mentale.
Identifier des actions à mettre en place pour améliorer les pratiques collaboratives en matière de partage d'informations en santé mentale.
Reconnaitre l'outil d'aide à la décision pour le partage d'informations dans les pratiques en santé mentale.

Specific Objectives (translation):

*Identify the issues related to the sharing of information and the respect of confidentiality experienced by informal caregivers (PPA) and mental health professionals.
Identify actions to be implemented to improve collaborative practices in terms of sharing mental health information.
Recognize the decision support tool for sharing information in mental health practices.*

035-CCSCSM Le travail comme facteur de rétablissement

(Work as a Recovery Factor)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Geneviève Leduc		
Co-presenter(s):	Zuly Amaya Nino		
Co-Author(s):	Zuly Amaya Nino		
Type of presentation::	Workshop	Format:	IN-PERSON
Day:	SATURDAY	Time:	9:00 - 10:30
		Room:	Room 4
Specific Objectives:			

A la fin de l'Workshop, les participants seront en mesure d'identifier les contributions du travail dans leur rétablissement et dans l'amélioration de leur santé mentale
A la fin de l'Workshop, les participants seront en mesure de nommer des outils visant un meilleur rétablissement par le travail
A la fin de l'Workshop, les participants seront en mesure d'évaluer si leur travail (ou le travail de la personne qu'il/elle accompagne) est un facteur de rétablissement ou NO

Specific Objectives (translation):

*Identify the contributions of work in their recovery and in improving their mental health
Name tools for better recovery through work
Assess whether their work (or the work of the person he/she accompanies) is a recovery factor or not.*

036-CCSCSM Aider les jeunes à mieux rebondir à la suite d'une hospitalisation en pédopsychiatrie: Une démarche de collaboration pour faciliter le retour à l'école.

Language: FRENCH Simultaneous Translation: NO
 Main (author) Presenter: **Anne-Marie Tougas**
 Co-presenter(s):
 Co-Author(s): Joelle Lepage
 Type of presentation:: Oral Presentation – « Innovations in progress Format: IN-PERSON
 Day: SATURDAY Time: 9:30 - 10:00 Room: Room 2
 Specific Objectives:

Identifier les enjeux entourant la réintégration scolaire à la suite d'une hospitalisation en pédopsychiatrie
 Décrire les composantes clés d'une démarche réussie de collaboration intersectorielle en appui à la réintégration scolaire à la suite d'une hospitalisation en pédopsychiatrie
 Entrevoir les enjeux, défis et possibilités entourant l'implantation d'une telle démarche au sein de leur territoire ou milieu de pratique

Specific Objectives (translation):

*Identify the issues surrounding school reintegration following hospitalization in child psychiatry
 Describe the key components of a successful intersectoral collaboration approach to support school reintegration following hospitalization in child psychiatry
 Understand the issues, challenges and possibilities surrounding the implementation of such an approach within their territory or practice environment*

038-CCMHCC Teaching Behavioural Sciences to Family Medicine Residents: The «Shared Care» Approach
 (Enseigner les sciences du comportement aux résidents en médecine familiale: l'approche « soins partagés »)

Language: ENGLISH Simultaneous Translation: NO
 Main (author) Presenter: **Jon Davine**
 Co-presenter(s):
 Co-Author(s):
 Type of presentation:: Oral Presentation Format: VIRTUAL
 Day: SATURDAY Time: 14:15 - 14:35 Room: VIRTUAL 3
 Specific Objectives:

Describe a case-based, small group, longitudinal model for teaching behavioural sciences to family medicine residents
 Describe techniques to use audiovisual technology to teach behavioural sciences
 Describe how to give effective feedback using audiovisual technology

Specific Objectives (translation):

*Décrire un modèle longitudinal basé sur des cas, en petits groupes, pour l'enseignement des sciences du comportement aux résidents en médecine familiale
 Décrire les techniques d'utilisation de la technologie audiovisuelle pour enseigner les sciences du comportement
 Décrire comment donner une rétroaction efficace à l'aide de la technologie audiovisuelle*

039-CCMHCC A Cross-Sector Partnership to Explore the Feasibility and Benefits of Community-based Pathways to Mental Health Care for Children, Youth and Adults Experiencing Homelessness. An Exploratory Pilot Project in Hamilton, Ontario during the COVID-19 Pandemic.

(Un partenariat intersectoriel pour explorer la faisabilité et les avantages des voies communautaires vers les soins de santé mentale pour les enfants, les jeunes et les adultes en situation d'itinérance. Un projet pilote exploratoire à Hamilton, en Ontario)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Cassie Fischer		
Co-presenter(s):	Grace Baldwin, Lynn Foye		
Co-Author(s):	Grace Baldwin, Lynn Foye, Kathryn Hubner-Kozman		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day: SATURDAY	Time: 13:00 - 13:20	Room:	Room 1
Specific Objectives:			

Explore integrative and cross-sectoral partnership models to improve equitable access to mental health care for marginalized groups in the community
 Reflect on relationship, safety, and trust building as effective counselling interventions that increase access to health care for marginalized communities and challenge the idea of "readiness for change/treatment"
 Consider how to respond quickly to an evolving situation and build comfort with engaging in continuous quality improvement processes to ensure that services meet client need, in a "learn as you go" fashion

Specific Objectives (translation):

*Explorer des modèles de partenariat intégratifs et intersectoriels pour améliorer l'accès équitable aux soins de santé mentale pour les groupes marginalisés de la communauté
 Réfléchir aux relations, à la sécurité et au renforcement de la confiance en tant qu'interventions de conseil efficaces qui augmentent l'accès aux soins de santé pour les communautés marginalisées et remettent en question l'idée de « préparation au changement/au traitement »
 Réfléchir à la façon de réagir rapidement à une situation en évolution et de vous sentir à l'aise en vous engageant dans des processus d'amélioration continue de la qualité pour vous assurer que les services répondent aux besoins des clients, de manière « apprendre au fur et à mesure »*

040-CCMHCC Interrogating the Impact of Neoliberalism on Social Justice Approaches to Mental Health in Social Work
(Interroger l'impact du néolibéralisme sur les approches de justice sociale en matière de santé mentale dans le travail social)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Catrina Brown		
Co-presenter(s):			
Co-Author(s):	Kaitrin Doll, Marjorie Johnstone, Eunjung Lee, David Delay		
Type of presentation::	Oral Presentation	Format:	VIRTUAL
Day: FRIDAY	Time: 13:30 - 13:50	Room:	VIRTUAL 3
Specific Objectives:			

Recognize social work and collaborative practice in mental health through initiating conversations among professions about social work's commitment to social justice in mental health and how this fits within the overall mental health system.
 Recognize how social work knowledge, values and practice approaches are distinct from other professions and how we might maintain and emphasize our professional identity while working collaboratively with other professions.
 Identify creative ways to ensure that social work does not simply become absorbed, subordinated and invisibilized as a profession within collaborative work, specifically within the institutional fiscal constraints of neoliberalism.

Specific Objectives (translation):

Reconnaître le service social et la pratique collaborative en santé mentale en initiant des conversations entre les professions sur l'engagement du travail social envers la justice sociale en santé mentale et comment cela s'intègre dans le système global de santé mentale.

Reconnaître comment les connaissances, les valeurs et les approches de la pratique en service social sont distinctes des autres professions et comment nous pouvons maintenir et mettre en valeur notre identité professionnelle tout en travaillant en collaboration avec d'autres professions.

Identifier des moyens créatifs pour garantir que le service social ne soit pas simplement absorbé, subordonné et invisible en tant que profession au sein du travail collaboratif, en particulier dans le cadre des contraintes fiscales institutionnelles du néolibéralisme.

041-CCMHCC Group Medical Visits: Transforming Access and Isolation

(Visites médicales de groupe: transformer l'accès et l'isolement)

Language: ENGLISH

Simultaneous Translation: YES

Main (author) Presenter:

Maria Patriquin

Co-presenter(s):

Co-Author(s):

Lisa Galvez, Leila Shaw, Robin Stamm, Pauline Surkan

Type of presentation::

Oral Presentation

Format:

IN-PERSON

Day: SATURDAY

Time: 13:20 - 13:40

Room:

BALLROOM

Specific Objectives:

Understand the role and evidence for GMVs to improve access and decrease isolation

Identify a systematic way to choose, design and resource group medical visit that is patient and population centred.

Recognize how in person and virtual techniques increase engagement, optimize self management and improve outcomes

Specific Objectives (translation):

Comprendre le rôle et les preuves des visites médicales de groupe pour améliorer l'accès et réduire l'isolement

Identifier une façon systématique de choisir, de concevoir et de fournir des visites médicales de groupe centrées sur le patient et la population.

Reconnaître comment les techniques en personne et VIRTUELLES augmentent l'engagement, optimisent l'autogestion et améliorent les résultats

042-CCMHCC Hardwired to Heal: Recovery & Resilience for Mental Health Care Providers*(Hardwired to Heal: Récupération et résilience pour les fournisseurs de soins en santé mentale)*

Language: ENGLISH Simultaneous Translation: NO

Main (author) Presenter: **Maria Patriquin**

Co-presenter(s):

Co-Author(s):

Type of presentation:: First person account and creative presentation Format: IN-PERSON

Day: SATURDAY Time: 14:55 - 15:15 Room: Room 2

Specific Objectives:

Recognize the impact of the pandemic on the health and well-being of mental health care providers

Identify what opportunities and challenges individual providers and systems face in addressing the crisis in care

Recognize how to leverage the science behind recovery and resilience to aid in self-management

Specific Objectives (translation):

Reconnaître l'impact de la pandémie sur la santé et le bien-être des usagers en santé mentale

Identifier les opportunités et les défis auxquels les usagers et les équipes de soins individuelles sont confrontés pour faire face à la crise en santé

Reconnaître comment tirer parti de la science derrière le rétablissement et la résilience pour aider à l'autogestion

043-CCMHCC Navigating Inequities in Youth Addiction and Mental Health Services During the Pandemic: A University-Community Collaboration*(Naviguer dans les inégalités dans les services en dépendances et en santé mentale chez les jeunes pendant la pandémie: une collaboration université-communauté)*

Language: ENGLISH Simultaneous Translation: NO

Main (author) Presenter: **Toula Kourgiantakis**

Co-presenter(s): **Eunjung Lee**

Co-Author(s): Roula Markoulakis, Eunjung Lee, Rachelle Ashcroft, Amina Hussain, Charmaine Williams, Carrie Lau, Abby Goldstein, Sugy Kodeeswaran, Anthony Levitt

Type of presentation:: Oral Presentation Format: IN-PERSON

Day: SATURDAY Time: 13:20 - 13:40 Room: Room 2

Specific Objectives:

Describe the experiences of youth with addiction and mental health concerns and their families during the COVID-19 pandemic from the perspective of youth, caregivers, and service providers.

Identify ways that addiction and mental health care systems can provide services that are more equitable and culturally responsive for youth and their families.

Discuss the benefits of university-community partnerships to strengthen research, mental health care, and policy development.

Specific Objectives (translation):

Décrire les expériences des jeunes ayant des problèmes de dépendance et de santé mentale et de leurs familles pendant la pandémie de COVID-19 du point de vue des jeunes, des soignants et des établissements.

Identifier des moyens par lesquels les systèmes de traitement des dépendances et de la santé mentale peuvent fournir des services qui sont plus équitables et adaptés à la culture pour les jeunes et leurs familles.

Discuter des avantages des partenariats université-communauté pour renforcer la recherche, les soins en santé mentale et l'élaboration de politiques.

044-CCSCSM Implantation du Resident Assessment Instruments for Community Mental Health (RAI-CMH) en santé mentale ambulatoire à l'aide des méthodologies Lean

(Implantation du Resident Assessment Instruments for Community Mental Health (RAI-CMH) en santé mentale ambulatoire à l'aide des méthodologies Lean)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Gilbert A. Tremblay		
Co-presenter(s):	Julie Barette, Jessica Schisholm-Nelson		
Co-Author(s):	Julie Barrette, Marion Lepage		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	13:40 - 14:00
		Room:	Room 4

Specific Objectives:

Présenter aux participants les enjeux différenciés de l'implantation des instruments RAI à l'interne et en soins ambulatoires

Décrire les notions clés des méthodologies d'optimisation et de réingénierie Lean

Démontrer en quoi la collaboration des parties prenantes internes comme externes au projet est centrale à la réussite de l'implantation

Specific Objectives (translation):

Introduce participants to the different challenges of implementing RAI instruments internally and in ambulatory care

Describe the key concepts of Lean optimization and reengineering methodologies

Demonstrate how the collaboration of internal and external stakeholders in the project is central to the success of the implementation

046-CCMHCC "I'm not just Diabetic - I'm More!": Addressing Mental Health and Stigma in Emerging Adults with Type 1 Diabetes

(«Je ne suis pas seulement diabétique - je suis plus que ça!»: Aborder la santé mentale et la stigmatisation chez les adultes émergents atteints de diabète de type 1)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Jane Sandercock		
Co-presenter(s):			
Co-Author(s):	Ian Zenlea, Elizabeth Mansfield, Sheryl Parks		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	11:15 - 11:35
		Room:	Room 3

Specific Objectives:

Identify pragmatic implementation strategies that simultaneously address stigma and support mental health and Diabetes care management

Discuss the integration of mental health into care for emerging adults with Type 1 Diabetes and their families

Specific Objectives (translation):

Identifier des stratégies de mise en œuvre pragmatiques qui s'attaquent simultanément à la stigmatisation et soutiennent la gestion des soins en santé mentale et du diabète

Discuter de l'intégration de la santé mentale dans les soins pour les adultes émergents atteints de diabète de type 1 et leurs familles

047-CCMHCC Making Sense of Symptoms, Clinicians and Systems: A Qualitative Evaluation of a Facilitated Support Group for Patients with Medically Unexplained Symptoms

(Comprendre les symptômes, les cliniciens et les systèmes: une évaluation qualitative d'un groupe de soutien facilitant pour les patients présentant des symptômes médicalement inexpliqués)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Michelle Marcinow		
Co-presenter(s):			
Co-Author(s):	Jane Sandercock, Chelsea D'Silva, David Daïen, Carly Ellis, Christine Dias, Elizabeth Mansfield		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	11:15 - 11:35
		Room:	Room 2

Specific Objectives:

Recognize the implementation of a local facilitated support group and the potential for integration of further groups within communities
 Recognize evaluation approaches to understand how a facilitated support group may improve the experience and quality of life for people living with medically unexplained symptoms
 Identify recommendations and strategies for creating tools and resources to support people living with medically unexplained symptoms, their families and primary care providers

Specific Objectives (translation):

*Reconnaître la mise en place d'un groupe de soutien local et le potentiel d'intégration d'autres groupes au sein des communautés
 Reconnaître les approches d'évaluation pour comprendre comment un groupe de soutien peut améliorer l'expérience et la qualité de vie des personnes vivant avec des symptômes médicalement inexpliqués
 Identifier des recommandations et des stratégies pour créer des outils et des ressources pour soutenir les personnes vivant avec des symptômes médicalement inexpliqués, leurs familles et les équipes de soins de première ligne.*

049-CCMHCC From Depression Registry to Population Based Care: Development and Applications of Clinical Datasets for QI and Research

(Du registre de la dépression aux soins axés sur la population: développement et applications d'ensembles de données cliniques pour l'amélioration de la qualité et la recherche)

Language:	ENGLISH	Simultaneous Translation:	YES
Main (author) Presenter:	Mark D Williams		
Co-presenter(s):			
Co-Author(s):	Samuel Savitz, Aaron Kurtzhals, Maureen Drews, Scott Breitingner, Jocelyn Lebow, Kurt Angstman, Roxie Brennan		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	13:00 - 13:20
		Room:	BALLROOM

Specific Objectives:

Participants will be able to recognize the challenges and tradeoffs in creating working datasets to address clinical and research opportunities for mental health populations of primary care patients. Participants will be able to apply the approaches used in this project to construct similar datasets at their own health systems.
 Participants will be able identify potential research and quality improvement applications for the child and adult depression datasets.

Specific Objectives (translation):

Reconnaître les défis et les compromis liés à la création d'ensembles de données de travail pour aborder les opportunités cliniques et de recherche pour les populations de santé mentale des patients en soins de première ligne
Appliquer les approches utilisées dans ce projet pour construire des ensembles de données similaires dans leurs propres systèmes de santé.
Identifier les applications potentielles de recherche et d'amélioration de la qualité pour les ensembles de données sur la dépression chez les enfants et les adultes.

050-CCMHCC Bridging the Gap Between Guidelines and Practice: A Pan Canadian Experience of Implementing Recovery Guidelines

(Comblent l'écart entre les lignes directrices et la pratique: une expérience pancanadienne de mise en œuvre des lignes directrices sur le rétablissement)

Language: ENGLISH		Simultaneous Translation: YES	
Main (author) Presenter:	Myra Piat		
Co-presenter(s):			
Co-Author(s):	Eleni Sofoul, Megan Wainwright, Marie-Pier Rivest, Helene Albert, Regina Casey, Francois Aubin, Dawn Baker, Carol Plathan, Ernest Guptil, Lise Labonte, Chris Summerville		
Type of presentation::	Panel	Format:	VIRTUAL
Day: SATURDAY	Time:	13:00 - 14:00	Room: VIRTUAL 1
Specific Objectives:			

Recognize how implementation teams are a robust implementation science strategy
 Identify issues of diversity, shifts of power, and consensus building from implementation team members about their experience.
 Recognize how this implementation science strategy differs from top-down approaches to implementing guidelines

Specific Objectives (translation):

Reconnaître à quel point les équipes de mise en œuvre constituent une stratégie scientifique de mise en œuvre solide
Identifiez les problèmes de diversité, les changements de pouvoir et la recherche d'un consensus parmi les membres de l'équipe de mise en œuvre au sujet de leur expérience.
Reconnaître en quoi cette stratégie scientifique de mise en œuvre diffère des approches descendantes de mise en œuvre des lignes directrices

053-CCMHCC Increasing Access to Emergency Mental Health and Substance Use Care for Underserved Youth in Northern BC: Implementation, Utilization, and Trends in a Pilot of Telehealth Psychiatric Assessment and Collaborative Care Planning

(Accroître l'accès aux soins d'urgence en santé mentale et en dépendances pour les jeunes mal desservis du nord de la Colombie-Britannique: mise en œuvre, utilisation et tendances d'un projet pilote d'évaluation psychiatrique en télésanté et de planification)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Susan Baer		
Co-presenter(s):	Shawna Wilwand		
Co-Author(s):	Shawna Wilwand		
Type of presentation::	Oral Presentation	Format:	VIRTUAL
Day: SATURDAY	Time: 13:00 - 13:20	Room:	VIRTUAL 3
Specific Objectives:			

Describe the process of implementing an emergency telehealth psychiatric assessment program for rural and remote areas and identify the service utilization trends of the first 6 months of this pilot program.
 Identify best practices for culturally attuned care for the primarily Indigenous youth and families accessing this program.
 Name the barriers and positive outcomes related to providing one-time comprehensive telehealth psychiatric assessment by telehealth.

Specific Objectives (translation):

*Décrire le processus de mise en œuvre d'un programme d'évaluation psychiatrique d'urgence en télésanté pour les régions rurales et éloignées et identifier les tendances d'utilisation des services des 6 premiers mois de ce programme pilote.
 Identifier les meilleures pratiques pour des soins adaptés à la culture pour les jeunes et les familles principalement autochtones qui accèdent à ce programme.
 Nommer les obstacles et les résultats positifs liés à la fourniture unique d'une évaluation psychiatrique complète en télésanté par télésanté.*

054-CCSCSM L'équipe interdirection, un moyen de mieux collaborer ensemble.

(The Cross-Management Team, a Way to Better Collaborate Together.)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Marc Tremblay		
Co-presenter(s):	Chantal-Fannie Seixo		
Co-Author(s):	Chantal-Fannie Seixo, Sonia Levasseur, Marie-Chystel Vallée		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day: SATURDAY	Time: 14:35 - 14:55	Room:	Room 1
Specific Objectives:			

Identifier les modalités de soutien utilisées par l'équipe interdirection
 Identifier les besoins auxquelles l'équipe interdirection peuvent répondre
 Identifier les mécanismes de collaboration possibles interprogrammes-services

Specific Objectives (translation):

*Identify the support modalities used by the cross-management team
 Identify needs that the cross-management team can meet
 Identify possible inter-program-service collaboration mechanisms*

056-CCMHCC Introducing Walkthetalktoolkit.ca/delaparoalealaction.ca: An Online Toolkit Bridging the Gap Between Recovery Guidelines and Practice

(Présentation de Walkthetalktoolkit.ca/delaparoalealaction.ca: une boîte à outils en ligne qui comble l'écart entre les lignes directrices et la pratique en matière de rétablissement)

Language:	ENGLISH	Simultaneous Translation:	YES
Main (author) Presenter:	Myra Piat		
Co-presenter(s):			
Co-Author(s):	Megan Wainwright, Eleni Sofouli, Helene Albert, Marie-Pier Rivest, Chris Summerville, Ben Younesi, Dawn Baker, Len Perry		
Type of presentation::	Panel	Format:	VIRTUAL
Day:	SATURDAY	Time:	14:15 - 15:15
		Room:	VIRTUAL 1
Specific Objectives:	Identify a new online bilingual toolkit on implementing recovery guidelines Recognize how researchers and research participants on a pan Canadian project collaborated to create this knowledge mobilization tool Recognize how recovery guidelines can be implemented using this toolkit		

Specific Objectives (translation):

Identifier une nouvelle boîte à outils bilingue en ligne sur la mise en œuvre des directives de rétablissement
Reconnaître comment les chercheurs et les participants à la recherche d'un projet pancanadien ont collaboré pour créer cet outil de mobilisation des connaissances
Reconnaître comment les directives de récupération peuvent être mises en œuvre à l'aide de cette boîte à outils

057-CCSCSM Le programme GESPER et ses 4 parcours, un exemple concret de pouvoir d'agir, de collaborations et de services en santé mentale pour mieux prévenir et répondre aux besoins des familles

(The GESPER Program and its 4 Pathways, a Concrete Example of Empowerment, Collaborations and Mental Health Services to Better Prevent and Meet the Needs of Families)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Marianne Benny		
Co-presenter(s):	Marianne Benny, Priscille Leclerc, Lisandra Rodriguez, Sandrine Rousseau,		
Co-Author(s):	Marco Ouellet, Sofia Lahlou		
Type of presentation::	Panel	Format:	IN-PERSON
Day:	SATURDAY	Time:	14:15 - 15:15
		Room:	Room 4
Specific Objectives:	Reconnaître l'avancement possible en matière de pouvoir d'agir, d'inclusion sociale et d'implication "Par et Pour" les familles dont les parents sont engagés dans la voie de leur rétablissement avec les 4 parcours du Programme GESPER Identifier à partir du modèle écologique, le nouveau cadre de référence que l'on peut se donner pour mieux prévenir des problèmes de santé mentale et de violence chez les familles avec les 4 parcours du Programme GESPER Reconnaître le communautéship (faire ensemble) riche d'espoir, de sens et essentiel à la santé mentale des générations présentes et futures avec les 4 parcours du Programme GESPER		

Specific Objectives (translation):

Recognize the possible advancement in terms of empowerment, social inclusion and involvement "By and For" families whose parents are engaged in the path of their recovery with the 4 courses of the GESPER Program
Identify from the ecological model, the new frame of reference that we can give ourselves to better prevent mental health problems and violence in families with the 4 courses of the GESPER Program
Recognize communityship (doing together) rich in hope, meaning and essential to the mental health of present and future generations with the 4 courses of the GESPER Program

058-CCSCSM Le patient-partenaire comme membre à part entière de l'équipe de soins
(The patient-Partner as a Full Member of the Care Team)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Liette St-Pierre		
Co-presenter(s):			
Co-Author(s):	Johana Monthuy-Blanc, Marie-Josée St-Pierre, Liette St-Pierre		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	11:15 - 11:35
		Room:	Room 4

Specific Objectives:

Reconnaitre l'importance du patient comme partenaire dans l'équipe de soins
 Identifier les stratégies pédagogiques suggérées dans sa pratique professionnelle
 Évaluer la pertinence de déployer l'approche patient-partenaire dans sa pratique de soins

Specific Objectives (translation):

*Recognize the importance of the patient as a partner in the care team
 Identify the pedagogical strategies suggested in their professional practice
 Evaluate the relevance of deploying the patient-partner approach in their care practice*

060-CCMHCC Evidence Informed Behavioural and Technical Workforce Competencies to Improve Substance Use and Mental Health Services
(Compétences comportementales et techniques de la main-d'œuvre fondées sur des données probantes pour améliorer les services en dépendances et en santé mentale)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Nancy Hernandez-Basurto		
Co-presenter(s):	Claire Rykelyk-Huizen		
Co-Author(s):	Claire Rykelyk-Huizen, Nancy Hernandez-Basurto, Kirandeep Kharpal		
Type of presentation::	Oral Presentation	Format:	VIRTUAL
Day:	FRIDAY	Time:	13:30 - 13:50
		Room:	VIRTUAL 2

Specific Objectives:

Identify how the competency-based framework supports the substance use and mental health workforce
 Identify how to apply competencies using existing tools and resources
 Summarize the opportunity and need for integrated competency-based frameworks to support substance use and mental health workforce

Specific Objectives (translation):

*Identifier comment le cadre basé sur les compétences soutient la main-d'œuvre en dépendances et en santé mentale
 Identifier comment appliquer les compétences en utilisant les outils et ressources existants
 Résumer l'opportunité et le besoin de cadres intégrés basés sur les compétences pour soutenir le personnel en dépendances et en santé mentale*

061-CCMHCC Improving School-based Child and Youth Mental Health Services in the Northern Communities: Cross-departmental Collaboration, Implementation and Cultural Innovation

(Améliorer les services en santé mentale en milieu scolaire pour les enfants et les jeunes dans les collectivités du Nord: collaboration interministérielle, mise en œuvre et innovation culturelle)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Andrea D'Addario		
Co-presenter(s):	Brittany Whitman		
Co-Author(s):	Brittany Whitman		
Type of presentation::	Oral Presentation – « Innovations in progress	Format:	VIRTUAL
Day:	FRIDAY	Time:	13:00 - 13:30
		Room:	VIRTUAL 2
Specific Objectives:			

At the end of the session, learners will identify skills related to large-scale cross department collaboration
 At the end of the session, learners will be able to identify strategic approaches to mental health program implementation
 At the end of the sessions, learners will be able to apply methods that will allow for the development of collaborative quality improvement, implementation/integration targets specific to community-based child-youth mental health programming.

Specific Objectives (translation):

*Identifier les compétences liées à la collaboration interdépartementale à grande échelle
 Identifier des approches stratégiques pour la mise en œuvre d'un programme de santé mentale
 Appliquer des méthodes qui permettront de développer des objectifs collaboratifs d'amélioration de la qualité, de mise en œuvre / d'intégration spécifiques aux programmes communautaires en santé mentale des enfants et des jeunes.*

063-CCSCSM SAR-PEP: Un système apprenant rapide pour optimiser l'implantation à large échelle des programmes d'intervention précoce pour les premiers épisodes psychotiques au Québec

(SAR-PEP: A Rapid Learning System to Optimize the Large-Scale implementation of Early Intervention Programs for First Psychotic Episodes in Quebec)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Marc-Andre Roy		
Co-presenter(s):			
Co-Author(s):	Srivydia Iyer, Manuella Ferrari, Daniel RabYESn, Céline Villemus, Annie Leblanc, Amal Abdel-Baki		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	14:10 - 14:30
		Room:	Room 2
Specific Objectives:			

Reconnaître les composantes d'un système apprenant rapide
 Identifier les défis posés par l'implantation d'un tel système dans le contexte des programmes pour premiers épisodes psychotiques
 Évaluer les bénéfices potentiels de l'implantation d'un tel système dans le contexte de l'application du Cadre de référence pour les programmes d'intervention pour les premiers épisodes psychotiques

Specific Objectives (translation):

*Recognize the components of a fast learning system
 Identify the challenges posed by the implementation of such a system in the context of programs for first psychotic episodes
 Evaluate the potential benefits of implementing such a system in the context of the application of the Reference framework for intervention programs for first psychotic episodes*

064-CCSCSM Résoudre les enjeux éthiques de la collaboration transdisciplinaire en santé mentale pour favoriser le rétablissement et l'inclusion sociale

(Resolving the Ethical Issues of Transdisciplinary Collaboration in Mental Health to promote Recovery and Social Inclusion)

Language: FRENCH Simultaneous Translation: NO
 Main (author) Presenter: **Sandrine Renaud**
 Co-presenter(s):
 Co-Author(s):
 Type of presentation:: Oral Presentation Format: IN-PERSON
 Day: SATURDAY Time: 13:00 - 13:20 Room: Room 4
 Specific Objectives:

Décrire les enjeux éthiques de la collaboration transdisciplinaire en santé mentale
 Comprendre les impacts de ces enjeux éthiques sur le rétablissement et l'inclusion sociale en santé mentale
 Identifier des pistes de solutions pour surmonter ces enjeux éthiques

Specific Objectives (translation):

*Describe the ethical issues of transdisciplinary collaboration in mental health
 Understand the impacts of these ethical issues on recovery and social inclusion in mental health
 Identify possible solutions to overcome these ethical issues*

066-CCSCSM Élaboration d'activités d'apprentissage de Savoirs être utilisant des illustrations authentiques (vidéos) de situation professionnelle-type de collaboration interdisciplinaire.

(Development of Life Skills Learning Activities Using Authentic Illustrations (videos) of a Typical Professional Situation of Interdisciplinary Collaboration.)

Language: FRENCH Simultaneous Translation: NO
 Main (author) Presenter: **Lise GagNO**
 Co-presenter(s):
 Co-Author(s): Caroline Bois, Cynthia Aubin-Cantin, Émilie Tassé, Julie Achim
 Type of presentation:: Oral Presentation Format: IN-PERSON
 Day: SATURDAY Time: 13:20 - 13:40 Room: Room 4
 Specific Objectives:

Identifier des méthodes d'apprentissage innovantes favorisant le Savoir-être des futurs intervenants au sein d'un processus de CI en santé mentale.
 Identifier et utiliser des outils permettant une analyse micro et macro de la CI
 Reconnaître les compétences propres au rôle de psychologue dans un contexte de collaboration interprofessionnelle en santé mentale.

Specific Objectives (translation):

*Identify innovative learning methods promoting the interpersonal skills of future stakeholders within a process of CI in mental health.
 Identify and use tools that allow micro and macro analysis of IC
 Recognize the skills specific to the role of psychologist in the context of interprofessional collaboration in mental health.*

069-CCMHCC Stepped Care 2.0 in Action: Student Wellness Hub at McGill University
(Stepped Care 2.0 en action: Student Wellness Hub de l'Université McGill)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Alexia JaYESch		
Co-presenter(s):	Dr. Vera Romano, Giovanni Arcuri, Dr. Patricia Poulin, Bilun Naz Böke		
Co-Author(s):	Vera Romano, Giovanni Arcuri, Patricia Poulin, Bilun Naz Boke		
Type of presentation::	Panel	Format:	VIRTUAL
Day:	FRIDAY	Time:	11:15 - 12:15
		Room:	VIRTUAL 2

Specific Objectives:

Identify clear areas of collaboration that support a client-centric approach to mental health care
 Understand some of the steps to implementing complex change, moving toward a more collaborative approach to mental health care
 Identify benefits of using an interprofessional approach to wellness

Specific Objectives (translation):

*Identifier des domaines de collaboration clairs qui soutiennent une approche centrée sur le client en matière de soins en santé mentale
 Comprendre certaines des étapes de la mise en œuvre d'un changement complexe, vers une approche plus collaborative des soins en santé mentale
 Identifier les avantages de l'utilisation d'une approche interprofessionnelle du mieux-être*

070-CCSCSM Volonté partagée et vision renouvelée de l'implication des proches comme partenaires dans le parcours vers le rétablissement - Guide des bonnes pratiques pour l'implication des proches en santé mentale: Considérer. Intégrer. Outiller.
(Shared will and renewed vision of the involvement of loved ones as partners in the Dayney towards recovery - Guide to good practices for the involvement of loved ones in mental health: Consider. Integrate. Equip.)

Language:	FRENCH	Simultaneous Translation:	YES
Main (author) Presenter:	Julie Lesage		
Co-presenter(s):	François Desfossés, Marie-Dominique Rouleau, Marie-Eve Leblond, Marie-Hélène Morin, Pascale Bilodeau, Diane Harvey		
Co-Author(s):	François Desfossés, Marie-Dominique Rouleau, Marie-Eve Leblond, Marie-Hélène Morin, Pascale Bilodeau, Diane Harvey		
Type of presentation::	Panel	Format:	IN-PERSON
Day:	FRIDAY	Time:	13:50 - 15:00
		Room:	BALLROOM

Specific Objectives:

Reconnaître les principaux besoins des proches et l'importance de la prise en compte de ceux-ci dans le rétablissement des personnes utilisatrices des services de santé mentale
 Identifier certaines stratégies répondant aux besoins des proches et aux enjeux cliniques, éthiques et légaux associés à l'implication des proches dans les soins et services de santé mentale
 Utiliser des moyens concrets permettant d'établir un réel partenariat entre l'équipe traitante, le proche et la personne à la fois au niveau des pratiques cliniques et des conditions organisationnelles

Specific Objectives (translation):

*Recognize the main needs of loved ones and the importance of taking these into account in the recovery of people who use mental health services
 Identify certain strategies that meet the needs of loved ones and the clinical, ethical and legal issues associated with the involvement of loved ones in mental health care and services
 Use concrete means to establish a real partnership between the treating team, the loved one and the person both in terms of clinical practices and organizational conditions*

071-CCSCSM La psychiatrie légale au service de la réinsertion sociale
(Forensic Psychiatry at the Service of Social Reintegration)

Language:	FRENCH	Simultaneous Translation:	YES
Main (author) Presenter:	Marc-Antoine Leblanc, Psychoéducateur		
Co-presenter(s):	Margaux Dicaire		
Co-Author(s):	Margaux Dicaire, Criminologue		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	9:40 - 10:00
		Room:	Room 1
Specific Objectives:	Maîtriser les notions inhérentes et les outils nécessaires à la gestion du risque Concilier les mandats légaux et les objectifs cliniques pour permettre l'intégration en communauté Comprendre les recours spécifiques à la psychiatrie légale pour favoriser la réinsertion sociale		

Specific Objectives (translation):

*Master the inherent concepts and tools necessary for risk management
 Reconcile legal mandates and clinical objectives to enable community integration
 Understand the specific recourses to forensic psychiatry to promote social reintegration*

072-CCMHCC Co-Designing Digital Tools for an Integrated Approach to Managing Mental Health-Related Sick Leave in Primary Care
(Co-concevoir des outils numériques pour une approche intégrée de la gestion des arrêts de travail liés à la santé mentale en soins primaires)

Language:	ENGLISH	Simultaneous Translation:	YES
Main (author) Presenter:	Matthew Menear		
Co-presenter(s):			
Co-Author(s):	Cynthia Cameron, Audrey Ancil, Patrick Ayotte, Jean-Daniel Carrier, Kathleen Lemieux, Marie-Thérèse Lussier, Marie-Josée Plante, Chantal Sylvain		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	13:40 - 14:00
		Room:	BALLROOM
Specific Objectives:	Explain the user-centered design process and the benefits of involving end-users in the creation of the OSCAR tools Describe best practices in the management of mental health-related sick leave in primary care		

Specific Objectives (translation):

*Expliquer le processus de conception centré sur l'utilisateur et les avantages d'impliquer les utilisateurs finaux dans la création des outils OSCAR
 Décrire les meilleures pratiques de gestion des congés de maladie liés à la santé mentale dans les soins de première ligne*

073-CCSCSM TREMPLIN, programme Santé globale
(TREMPLIN, Global Health Program)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	LYESs Mercille		
Co-presenter(s):	Annick Simard, Georges Lebrun, Nathalie Coulombe		
Co-Author(s):	Annick Simard		
Type of presentation::	First person account and creative presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	11:35 -11:55
		Room:	Room 4
Specific Objectives:			

Décrire les bienfaits sur le rétablissement de la personne d'offrir une prestation de service en soins de collaboration.
 Démontrer la plus value des soins de collaboration dans la communauté en partenariat avec un usager partenaire et un organisme communautaire.
 Reconnaître la pertinence de déployer de nouveaux modèles de prestation de service pour favoriser le pouvoir d'agir et l'inclusion sociale.

Specific Objectives (translation):

*Describe the benefits on the person's recovery of offering collaborative care services.
 Demonstrate the added value of collaborative care in the community in partnership with a partner user and a community organization.
 Recognize the relevance of deploying new service delivery models to promote empowerment and social inclusion.*

074-CCSCSM L'éléphant dans la pièce: L'interface entre les services spécialisés en psychiatrie et les pratiques d'action communautaire en itinérance
(The Elephant in the room: The Interface between Specialized Psychiatric Services and Community Action Practices in Homelessness)

Language:	FRENCH	Simultaneous Translation:	YES
Main (author) Presenter:	Charles Rice		
Co-presenter(s):	Benoit Coté, Massimo Marsali, Jessica Soto Fernandez, Dr Antoine Bertrand-Duchesne,		
Co-Author(s):	Benoit Coté, Massimo Marsali, Jessica Soto Fernandez, Charles Rice		
Type of presentation::	Panel	Format:	IN-PERSON
Day:	SATURDAY	Time:	14:15 - 15:15
		Room:	BALLROOM
Specific Objectives:			

Décrire la nature et l'étendue du choc de culture qui sépare les deux milieux
 Identifier les irritants et les éléments facilitant la collaboration entre les deux milieux
 Identifier les zones de collaboration possible entre les services spécialisés en santé mentale et l'action communautaire dans le milieu de l'itinérance

Specific Objectives (translation):

*Describe the nature and extent of the culture shock that separates the two
 Identify irritants and elements facilitating collaboration between the two environments
 Identify possible areas of collaboration between specialized mental health services and community action in the homeless environment*

076-CCMHCC A Vision for Quality Mental Health Care
(Une vision pour des soins de santé mentale de qualité)

Language:	ENGLISH	Simultaneous Translation:	YES
Main (author) Presenter:	Samuel Breau		
Co-presenter(s):	Shaleen Jones, Dr Simone Arbour		
Co-Author(s):	Shaleen Jones, Dr. Simone Arbour, Kam Tello		
Type of presentation:	Panel	Format:	IN-PERSON
Day:	FRIDAY	Time:	11:15 - 12:15
		Room:	BALLROOM
Specific Objectives:	Illustrate the barriers and facilitators to quality mental health care Explain the different dimensions that contribute to quality mental health care, as proposed by the Framework Identify the next steps they may take in implementing the Framework		
Specific Objectives (translation):	<i>Illustrer les obstacles et les facilitateurs à des soins de santé mentale de qualité</i> <i>Expliquer les différentes dimensions qui contribuent à des soins de santé mentale de qualité, comme le propose le cadre</i> <i>Identifier les prochaines étapes qu'ils pourraient suivre pour mettre en œuvre le Cadre</i>		

077-CCMHCC Technology-Enabled Collaborative Care for Diabetes Management During COVID-19: A Feasibility Study
(Soins collaboratifs basés sur la technologie pour la gestion du diabète pendant la COVID-19: une étude de faisabilité)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Osnat Melamed		
Co-presenter(s):			
Co-Author(s):	Sri Mahavir Agarwal, Allison Crawford, Phillip Gerretsen, Margaret Hahn, Sean Hill, Sean Kidd, Eva Serhal, Sanjeev Sockalingam, Benoit H Mulsant, Shivani Goyal, Gary Lewis, Catharine Whiteside, Farooq Naeem, Rosa Dragonetti, Seeta Ramdass, Frank Tang, GI		
Type of presentation:	Oral Presentation – « Innovations in progress	Format:	VIRTUAL
Day:	SATURDAY	Time:	13:30 - 14:00
		Room:	VIRTUAL 2
Specific Objectives:	Describe the challenges for diabetes care during the COVID-19 pandemic Outline the technology-enabled care collaboration model for the support of diabetes patients Identify components of the intervention that promote health equity		
Specific Objectives (translation):	<i>Décrire les défis de la prise en charge du diabète pendant la pandémie de COVID-19</i> <i>Décrire le modèle de collaboration de soins reposant sur la technologie pour le soutien des patients diabétiques</i> <i>Identifier les composantes de l'intervention qui favorisent l'équité en santé</i>		

078-CCMHCC Is Social Prescribing in England the Trojan horse to Integrated Primary Mental Health Care?
(La prescription sociale en Angleterre est-elle le cheval de Troie des soins de santé mentale primaires intégrés ?)

Language: ENGLISH Simultaneous Translation: NO

Main (author) Presenter: **David J Humphreys**

Co-presenter(s): **Sian Stanley**

Co-Author(s): Sian Stanley

Type of presentation:: Oral Presentation **Format:** IN-PERSON

Day: SATURDAY **Time:** 13:00 - 13:20 **Room:** Room 2

Specific Objectives:

Recognize the potential for social prescribing to be significant primary care mental health provision
 Recognize the potential of social prescribing to improve health equity
 Identify some of the challenges of the clinical supervision of link workers

Specific Objectives (translation):

Reconnaître le potentiel de la prescription sociale en tant que prestation importante de soins en santé mentale de première ligne
Reconnaître le potentiel de la prescription sociale pour améliorer l'équité en santé
Identifier quelques-uns des défis de la supervision clinique des agents de liaison

079-CCSCSM L'intervention par les pairs; et si on parlait collaboration?
(Peer Intervention; How about we Talk about Collaboration?)

Language: FRENCH Simultaneous Translation: NO

Main (author) Presenter: **Sandrine Rousseau**

Co-presenter(s): **Marie-Chantale Côté Retel**

Co-Author(s): Audrey Beaulieu

Type of presentation:: Workshop **Format:** IN-PERSON

Day: FRIDAY **Time:** 13:30 - 15:00 **Room:** Room 4

Specific Objectives:

Saisir le rôle spécifique et interdisciplinaire du pair aidant dans une équipe de travail
 Cibler, par sa plus-value, les opportunités d'intervention complémentaires à celles des autres professionnels
 Apprendre, par l'expérimentation, l'outil guidant le pair aidant dans l'adoption de ses stratégies d'intervention auprès de ses pairs

Specific Objectives (translation):

Understand the specific and interdisciplinary role of the peer helper in a work team
 Target, through its added value, intervention opportunities that complement those of other professionals
 Learn, through experimentation, the tool guiding the peer helper in the adoption of their intervention strategies with their peers

080-CCMHCC Initiating Clozapine in the Community using a QI Collaborative Approach*(Initier la clozapine dans la communauté en utilisant une approche collaborative d'amélioration de la qualité)*

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Valeria Gal		
Co-presenter(s):	Philip Charlebois		
Co-Author(s):	Philip Charlebois, Harish Neelakant		
Type of presentation::	Oral Presentation	Format:	VIRTUAL
Day:	SATURDAY	Time:	14:35 - 14:55
		Room:	VIRTUAL 2
Specific Objectives:	Describe how to apply quality improvement methodology to improve care for clients living with treatment resistant schizophrenia Discuss the advantages of using a collaborative approach in mental health care delivery Utilize the TOP Collaborative framework in local settings		

Specific Objectives (translation):

Décrire comment appliquer la méthodologie d'amélioration de la qualité pour améliorer les soins aux clients vivant avec une schizophrénie résistante au traitement

Discuter des avantages de l'utilisation d'une approche collaborative dans la prestation des soins en santé mentale

Utiliser le cadre collaboratif TOP dans des contextes locaux

081-CCMHCC Establishing Standards for Mental Health Apps in Canada*(Établir des normes pour les applications (apps) en santé mentale au Canada)*

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Sapna Wadhawan		
Co-presenter(s):	Kelsey Kavic, Maureen Abbott, Liz Ashall-Payne, Shaleen Jones		
Co-Author(s):	Maureen Abbott, Kelsey Kavic, Liz Ashall-Payne		
Type of presentation::	Panel	Format:	VIRTUAL
Day:	FRIDAY	Time:	13:50 - 15:00
		Room:	VIRTUAL 1
Specific Objectives:	Distinguish e-mental health. Realize need to establish standards for mental health apps in Canada. Reflect on the process, progress and lessons learned in MHCC's app standardization work to date.		

Specific Objectives (translation):

Distinguer la e-mental health.

Reconnaître la nécessité d'établir des normes pour les applications (apps) en santé mentale au Canada.

Réfléchir au processus, aux progrès et aux leçons apprises dans le travail de normalisation des applications de la CSMC à ce Day.

082-CCMHCC Recovery, Empowerment and Social Inclusion: Digital Storytelling as a Creative, Participatory Pathway for Engaging People with Lived Experience to Improve Collaborative Care for Diverse and Racialized Communities

(Rétablissement, pouvoir d'agir et inclusion sociale: la narration numérique en tant que voie créative et participative pour engager les personnes ayant une expérience vécue afin d'améliorer les soins de collaboration pour les communautés diverses et racisées)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Elizabeth Mansfield		
Co-presenter(s):			
Co-Author(s):	June Buckle, Debbie Pottinger, Andrea Hylton, Nadia Aamir, Geeta Shetty, Shakeela Azmat, Maxine Thompson, Nafeesa Jalal, Rani Sanderson, Denise Gantt, Chelsea D'Silva		
Type of presentation::	First person account and creative presentation	Format:	VIRTUAL
Day:	FRIDAY	Time:	15:50 - 14:30
		Room:	VIRTUAL 2
Specific Objectives:			

Recognize the project design engaging digital storytelling – an arts-based participatory research and knowledge translation strategy – to center the lived experiences of women from diverse communities navigating breast cancer treatment and recovery
 Identify the impact of short, narrative videos to capture important insights grounded in lived experience that highlight system challenges and opportunities for service improvement
 Recognize the importance of considering broader, systemic barriers when designing and implementing new models of care integrating mental and physical health services

Specific Objectives (translation):

Reconnaître la conception du projet engageant la narration numérique - une stratégie de recherche participative et d'application des connaissances basée sur les arts - pour centrer les expériences vécues des femmes de diverses communautés naviguant dans le traitement et le rétablissement du cancer du sein
Identifier l'impact de courtes vidéos narratives pour capturer des informations importantes fondées sur l'expérience vécue qui mettent en évidence les défis du système et les opportunités d'amélioration des services
Reconnaître l'importance de tenir compte des obstacles systémiques plus larges lors de la conception et de la mise en œuvre de nouveaux modèles de soins intégrant des services en santé mentale et physique

083-CCMHCC Integrating Group-Based Mental Health Care In Family Practice: Insights from a Mindfulness Group-based Program for the Treatment of Anxiety and Depression

(Intégration des soins en santé mentale en groupe dans la pratique familiale: aperçus d'un programme de groupe de pleine conscience pour le traitement de l'anxiété et de la dépression)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Yaswanta Gummadi		
Co-presenter(s):	Yaswanta Gummadi, Elizabeth Alvarez, Dr. Carlos Yu		
Co-Author(s):	Carlos Yu, Anita Iacono, Sarah MacDonald, Jamie Ly, Lawrence Mbuagbaw, Elizabeth Alvarez		
Type of presentation::	Oral Presentation	Format:	VIRTUAL: Yaswanta Gummadi and Dr. Elizabeth Alvarez IN-PERSON: Dr. Carlos Yu
Day:	SATURDAY	Time:	13:20 - 13:40
		Room:	VIRTUAL 2
Specific Objectives:			

Recognize the constraints of mental health care funding in the Canadian system and primary care-based programming as a potential solution.
 Understand different methods of evaluating mental health outcomes of a program and their associated strengths and limitations.
 Reflect on the benefits and disadvantages of one approach to incorporating mental health programming into a family practice setting.

Specific Objectives (translation):

*Reconnaître les contraintes du financement des soins en santé mentale dans le système canadien et les programmes axés sur les soins de première ligne comme une solution potentielle.
Comprendre les différentes méthodes d'évaluation des résultats en santé mentale d'un programme et leurs forces et limites associées.
Réfléchir aux avantages et aux inconvénients d'une approche pour intégrer les programmes en santé mentale dans un contexte de médecine familiale.*

084-CCSCSM Équipe liaison itinérance du Ciusss de la Capitale-Nationale: une voie d'accès simplifiée, une approche concertée et surtout, une équipe engagée!

(CIUSSS de la Capitale-Nationale Homelessness Liaison team: a Simplified Access route, a Concerted Approach and above all, a Committed Team!)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Mylène Laboissonnière		
Co-presenter(s):	Frédéric Keck		
Co-Author(s):	Frédéric Keck		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	13:30 - 13:50
		Room:	Room 2
Specific Objectives:			

Définir l'équipe liaison itinérance; son contexte de création, sa composition et son mandat.
Situer le mandat de l'équipe dans l'offre de services du ciusscn.
Déterminer les impacts positifs d'un meilleur arrimage réseau/communautaire dans la réponse aux besoins des personnes en situation d'itinérance ou de vulnérabilité.

Specific Objectives (translation):

*Define the homelessness liaison team; its creation context, composition and mandate.
Situate the team's mandate in the ciusscn's service offer.
Determine the positive impacts of a better network/community connection in meeting the needs of people experiencing homelessness or vulnerability.*

085-CCMHCC Physical Activity Type, Context, and Advice Preferences in Canadian Adults with Borderline Personality Disorder.

(Type d'activité physique, contexte et préférences en matière de conseils chez les adultes canadiens atteints d'un trouble de la personnalité limite.)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Samuel St-Amour		
Co-presenter(s):			
Co-Author(s):	Lionel Cailhol, Paquito Bernard		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	11:35 _ 11:55
		Room:	Room 3
Specific Objectives:			

Identify physical activity preferences in individuals with mental illness

Specific Objectives (translation):

Identifier les préférences en matière d'activité physique chez les personnes atteintes de maladie mentale

086-CCSCSM La liaison entre les réseaux public et communautaire, une formule gagnante
(Liaison between Public and Community Networks, a Winning Formula)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Richard Langlois		
Co-presenter(s):	Claudia Girard		
Co-Author(s):	Claudia Girard		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	11:55 - 12:15
		Room:	Room 4
Specific Objectives:	Identifier les avantages d'une approche maximisant la référence dans une région Décrire ce qu'est une activité de familiarisation en lien avec le communautaire Reconnaître que les liens de confiance peuvent être établis lors d'un rapport constructif communautaire-public		

Specific Objectives (translation):

*Identify the benefits of an approach maximizing the reference in a region
 Describe what is a familiarization activity related to the community
 Recognize that bonds of trust can be established during a constructive community-public relationship*

087-CCSCSM Thérapie Comportementale Dialectique pour Trouble de stress post-traumatique Complexe: Collaboration interprofessionnelle et interservices dans l'implantation d'une pratique de pointe
(Dialectical Behavioral Therapy for Complex Post-Traumatic Stress Disorder: Interprofessional and Interdepartmental Collaboration in Implementing State-of-the-Art Practice)

Language:	FRENCH	Simultaneous Translation:	YES
Main (author) Presenter:	Catherine Le Corff		
Co-presenter(s):	Jennifer Dahak		
Co-Author(s):	Dr Félix-Antoine Bérubé		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	14:55 -15:15
		Room:	Room 1
Specific Objectives:	Développer une compréhension du modèle thérapeutique et de sa plus-value pour la clientèle visée. Reconnaître son positionnement dans l'offre de service en santé mentale. Identifier les enjeux et éléments essentiels à son implantation dans un contexte interdisciplinaire.		

Specific Objectives (translation):

*Develop an understanding of the therapeutic model and its added value for the target clientele.
 Recognize its position in the mental health service offer.
 Identify the issues and elements essential to its implementation in an interdisciplinary context.*

088-CCSCSM De l'espoir à la résilience
(From Hope to Resilience)

Language: FRENCH Simultaneous Translation: NO

Main (author) Presenter: **Richard Langlois**

Co-presenter(s):

Co-Author(s):

Type of presentation:: First person account and creative presentation Format: IN-PERSON

Day: FRIDAY Time: 14:30 - 14:50 Room: Room 2

Specific Objectives:

Reconnaître l'écriture d'un témoignage comme étant porteuse d'espoir
 Collaborer à l'effort de lutte contre la stigmatisation

Specific Objectives (translation):

*Recognize the writing of a testimony as being a bearer of hope
 Collaborate in the anti-stigma effort*

089-CCSCSM La trajectoire de soins et le trouble concomitant: là où la collaboration est essentielle!
(The Care Trajectory and the Concurrent Disorder: Where Collaboration is Essential!)

Language: FRENCH Simultaneous Translation: YES

Main (author) Presenter: **Isabelle A. St-Pierre**

Co-presenter(s):

Co-Author(s): Liette St-Pierre

Type of presentation:: Oral Presentation Format: IN-PERSON

Day: SATURDAY Time: 9:00 - 9:20 Room: Room 1

Specific Objectives:

Reconnaître la trajectoire de soins des personnes présentant un trouble concomitant et se présentant pour des idées suicidaires ou une problématique liée à la consommation de substances aux services d'urgence
 Identifier les opportunités d'amélioration pour une évaluation et une prise en charge de la personne selon une approche intégrée
 Reconnaître la possible contribution de l'infirmière de liaison en santé mentale et de l'infirmière en dépendance pour l'amélioration de l'évaluation et la prise en charge

Specific Objectives (translation):

*Recognize the care trajectory of people with a concurrent disorder presenting with suicidal ideation or a substance use problem in the emergency department
 Identify opportunities for improvement for assessment and management of the person according to an integrated approach
 Recognize the potential contribution of the mental health liaison nurse and the addictions nurse to improving assessment and management*

090-CCSCSM Les formations Recovery College du Centre d'apprentissage Santé et Rétablissement: illustration d'un processus de coconstruction combinant savoirs expérientiels, pratiques et théoriques menant au développement de 5 outils inédits

(The Recovery College Training Courses of the Health and Recovery Learning Center: Illustration of a Co-Construction Process Combining Experiential, Practical and Theoretical Knowledge Leading to the Development of 5 New Tools)

Language:	FRENCH	Simultaneous Translation:	YES
Main (author) Presenter:	Anick Sauvageau		
Co-presenter(s):	Myreille Bédard		
Co-Author(s):	Joanie Thériault, Agnès Mottier, Myreille Bédard, Catherine Briand		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	11:35 - 11:55
		Room:	Room 1
Specific Objectives:			

Identifier les façons de développer des formations et innover en se dotant de processus et outils structurés utiles aux formateurs, à la coordination et aux partenaires
 Identifier les façons de coconstruire de formations donnant leur juste place aux savoirs expérientiels, soit en égalité avec les savoirs théoriques et pratiques.
 Reconnaître la valeur ajoutée de combiner de façon égalitaire trois types de savoirs (expérientiels, pratiques et théoriques) dans la coconstruction de formations et d'outils.

Specific Objectives (translation):

*Identify ways to develop training and innovate by acquiring structured processes and tools useful to trainers, coordination and partners
 Identify ways of co-constructing training giving its rightful place to experiential knowledge, i.e. on an equal footing with theoretical and practical knowledge.
 Recognize the added value of combining three types of knowledge (experiential, practical and theoretical) in an equal way in the co-construction of training and tools.*

091-CCSCSM Décrire le processus décisionnel entourant la poursuite ou la cessation du traitement antipsychotique à long terme suivant un premier épisode de psychose: la perspective des patients et des professionnels de la santé

(Describing the Decision-Making Process surrounding whether to Continue or Discontinue Long-term Antipsychotic Treatment following a First Episode of Psychosis: the Perspective of Patients and Healthcare Professionals)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Laurent Béchar		
Co-presenter(s):			
Co-Author(s):			
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	13:00 - 13:20
		Room:	Room 3
Specific Objectives:			

À la fin de la conférence, les participants seront en mesure de reconnaître l'importance d'utiliser un processus de décision partagée pour l'atteinte du rétablissement en santé mentale
 À la fin de la conférence, les participants seront en mesure d'identifier certains besoins décisionnels non comblés des patients et des professionnels de la santé concernant la décision de cesser ou poursuivre les antipsychotiques à long terme en contexte de premier épisode psychotique
 À la fin de la conférence, les participants seront en mesure d'intégrer des éléments de décision partagée dans leur pratique clinique afin de favoriser le rétablissement

Specific Objectives (translation):

*Recognize the importance of using a shared decision-making process for achieving recovery in mental health
 Identify some unmet decisional needs of patients and health professionals regarding the decision to discontinue or continue long-term antipsychotics in the context of first episode psychosis.
 Integrate elements of shared decision-making into their clinical practice to support recovery*

092-CCMHCC Experiential Learning Using the Photovoice Method: A Peer Research Model for Engaging Youth, Family and Caregiver Stakeholders

(Apprentissage expérientiel à l'aide de la méthode photovoix: un modèle de recherche par les pairs pour impliquer les jeunes, les familles et les aidants naturels)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Yvonne Pelling		
Co-presenter(s):	Alyssa Fudge-Frampton		
Co-Author(s):	Kathleen Charlebois, Marilena Liguori, Srividya Narayanan Iyer		
Type of presentation::	Workshop	Format:	VIRTUAL
Day:	SATURDAY	Time:	9:00 - 10:30
		Room:	VIRTUAL 1
Specific Objectives:			

Upon the completion of this workshop, participants should be able to recognize what stakeholder led peer research can look like in youth mental health.

Upon the completion of this workshop, participants should be able to identify the value of using photovoice as an approach to meaningfully engaging stakeholders in youth mental health research.

Upon the completion of this workshop, participants should be able to apply the method of engaging stakeholders in a train-the-trainer model to support implementing a photovoice project

Specific Objectives (translation):

Reconnaître à quoi peut ressembler une recherche par les pairs dirigée par des intervenants sur la santé mentale des jeunes.

Identifier la valeur de l'utilisation de Photovoice comme approche pour impliquer de manière significative les parties prenantes dans la recherche sur la santé mentale des jeunes.

Appliquer la méthode d'engagement des parties prenantes dans un modèle de formation des formateurs pour soutenir la mise en œuvre d'un projet photovoix

093-CCSCSM Site web: Nous et la médication—outils et histoires de sevrage en santé mentale

(Website: Us and Medication—Mental Health Withdrawal Tools and Stories)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Milena Gioia		
Co-presenter(s):	Nathalie Lacroix		
Co-Author(s):	Nathalie Lacroix		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	13:20 - 13:40
		Room:	Room 3
Specific Objectives:			

Identifier les enjeux de sevrage de médication en santé mentale

Identifier les ressources, outils et considérations pour bien entamer/ soutenir un sevrage de médication en santé mentale

Specific Objectives (translation):

Identify the issues of medication withdrawal in mental health

Identify resources, tools and considerations for successfully initiating/supporting mental health medication withdrawal

094-CCSCSM L'équipe de liaison intersectorielle en santé mentale: la force du partenariat ,des soins intégrés et de collaboration.

(The Mental Health Intersectoral Liaison Team: the Strength of Partnership, Integrated Care and Collaboration.)

Language:	FRENCH	Simultaneous Translation:	YES
Main (author) Presenter:	Karine Poirier		
Co-presenter(s):	Sandra Bouchard		
Co-Author(s):	Sandra Bouchard, Léonie Bélanger-Michaud		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	9:20 - 9:40
		Room:	Room 1
Specific Objectives:			

Identifier des activités et des pratiques qui favorisent le partage et l'expertise de chacun des partenaires
Reconnaître l'importance des liens et des lieux d'échanges avec l'ensemble des partenaires.
Identifier des stratégies d'intervention novatrices permettant l'amélioration de l'accès et la continuité des services en santé mentale

Specific Objectives (translation):

*Identify activities and practices that promote the sharing and expertise of each of the partners
Recognize the importance of links and forums for discussion with all partners.
Identify innovative intervention strategies to improve access and continuity of mental health services*

095-CCMHCC Making it Personal: Personalized Care Planning and Shared Decision Making in Collaborative Mental Health Care

(En faire un cas personnel: Planification personnalisée des soins et prise de décision partagée dans les soins de santé mentale axés sur la collaboration)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Matthew Menear		
Co-presenter(s):			
Co-Author(s):	Ariane Girard, Michèle Dugas, Michel Gervais		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	11:55 - 12:15
		Room:	Room 2
Specific Objectives:			

Define personalized care planning and shared decision making.
Describe how personalized care planning and shared decision making can be practiced within the context of collaborative mental health care.
Explain the benefits of integrated personalized care planning and shared decision making as core components of collaborative care.

Specific Objectives (translation):

*Définir la planification personnalisée des soins et la prise de décision partagée.
Décrire comment la planification des soins personnalisés et la prise de décision partagée peuvent être pratiquées dans le contexte des soins de collaboration en santé mentale.
Expliquer les avantages de la planification intégrée des soins personnalisés et de la prise de décision partagée en tant que composantes essentielles des soins en collaboration.*

096-CCSCSM Innovation dans l'intégration des savoirs expérientiels, pratiques et théorique: processus de validation d'une formation Recovery College abordant les attitudes et comportements alimentaires fonctionnels
(Innovation in the Integration of Experiential, Practical and Theoretical Knowledge: Validation Process of a Recovery College Training Course Addressing Functional Eating Attitudes and Behaviors)

Language: FRENCH Simultaneous Translation: YES

Main (author) Presenter: **Joanie Thériault**

Co-presenter(s): Marie-Eve Massé

Co-Author(s): Anick Sauvageau Marie-Josée St-Pierre, Lola Tournayre, Myreille Bédard, Marie-Eve Massé, Rhina Maltez, Johana Monthuy-Blanc

Type of presentation:: Oral Presentation Format: IN-PERSON

Day: FRIDAY Time: 11:55 - 12:15 Room: Room 1

Specific Objectives:

Identifier les raisons justifiant de procéder à une analyse logique dans le développement de formations abordant les attitudes et comportements alimentaires fonctionnels
 Appliquer les principes de l'analyse logique à un contexte de coconstruction de formation impliquant un partage de savoirs égalitaire
 Identifier les bénéfices pour les participants de contribuer à un processus d'analyse logique dans un contexte d'équité des savoirs

Specific Objectives (translation):

*Identify activities and practices that promote the sharing and expertise of each of the partners
 Recognize the importance of links and forums for discussion with all partners.
 Identify innovative intervention strategies to improve access and continuity of mental health services*

098-CCSCSM Le Tintam'ART du projet histo'ART. Médiation artistique sur le lien social.
(The Tintam'ART of the Histo'ART Project. Artistic Mediation on the Social Bond.)

Language: FRENCH Simultaneous Translation: NO

Main (author) Presenter: **Nathalie Gordon**

Co-presenter(s): Monique Maltais

Co-Author(s):

Type of presentation:: First person account and creative presentation Format: IN-PERSON

Day: SATURDAY Time: 13:40 - 14:00 Room: Room 3

Specific Objectives:

Associer une expérience créative avec une expérience de rétablissement
 Identifier le témoignage artistique comme façon de lutter contre les préjugés
 Reconnaître le projet histo'ART portant sur les liens sociaux

Specific Objectives (translation):

*Associate a creative experience with a recovery experience
 Identify artistic testimony as a way to fight against prejudice
 Recognize the histo'ART project on social ties*

099-CCSCSM Premier Recovery College québécois, le Centre d'apprentissage Santé et Rétablissement: innover par l'hybridation des savoirs et les partenariats

(Quebec's First Recovery College, the Health and Recovery Learning Center: Innovating through the Hybridization of Knowledge and Partnerships)

Language:	FRENCH	Simultaneous Translation:	YES
Main (author) Presenter:	Julie Bellemare		
Co-presenter(s):	Mme Agnès Mottier		
Co-Author(s):	Joanie Thériault, Sauvageau Anick, Myreille Bédard, Catherine Briand		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	11:15 - 11:35
		Room:	Room 1

Specific Objectives:

Identifier les principes fondateurs et mécanismes d'action du modèle RC
Reconnaître la mise en application des principes RC pour développer, implanter et pérenniser les Recovery College par l'expérience québécoise du Centre d'apprentissage Santé et Rétablissement
Reconnaître la pertinence de l'hybridation des savoirs pour l'innovation en santé mentale axée sur la collaboration

Specific Objectives (translation):

*Identify the founding principles and mechanisms of action of the RC model
Recognize the application of RC principles to develop, implement and sustain Recovery Colleges through the Quebec experience of the Health and Recovery Learning Center
Recognize the relevance of knowledge hybridization for collaborative mental health innovation*

100-CCMHCC Better Understanding the Functioning and Use of Centralized Referral Mechanisms for Access to Mental Health Services via Primary Care in Quebec, Canada

(Mieux comprendre le fonctionnement et l'utilisation des mécanismes de référence centralisés pour l'accès aux services en santé mentale via les soins primaires au Québec, Canada)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Jessica Spagnolo		
Co-presenter(s):			
Co-Author(s):	Marie BeauséDay, Marie-Josée Fleury Jean-François Clément, Claire Gamache, Carine Sauvé, Lyne Couture, Richard Fleet, Shane Knight, Christine Gilbert, Helen-Maria Vasiliadis		
Type of presentation::	Oral Presentation	Format:	VIRTUAL
Day:	FRIDAY	Time:	13:50 - 14:10
		Room:	VIRTUAL 3

Specific Objectives:

Recognize the cartography of centralized referral mechanisms for access to mental health services via primary care in Quebec.
Recognize which centralized referral mechanisms Family Physicians (FPs) use to refer to mental health care (i.e., psychosocial and/or psychiatric services) in Quebec and why.
Identify recommendations to optimize these mental health trajectories, through improved care coordination.

Specific Objectives (translation):

*Reconnaître la cartographie des mécanismes de référence centralisés pour l'accès aux services de santé mentale via les soins primaires au Québec.
Reconnaître quels mécanismes de référence centralisés les médecins de famille (MF) utilisent pour référer aux soins de santé mentale (c.-à-d. services psychosociaux et/ou psychiatriques) au Québec et pourquoi.
Identifier des recommandations pour optimiser ces trajectoires de santé mentale, par une meilleure coordination des soins.*

102-CCMHCC Untapped Potential: Improving Quality of Care Through Recovery Principles
(Potentiel inexploité: Améliorer la qualité des soins grâce aux principes de rétablissement)

Language: ENGLISH Simultaneous Translation: YES
 Main (author) Presenter: **Hannah Kohler**
 Co-presenter(s):
 Co-Author(s):
 Type of presentation:: Workshop Format: IN-PERSON
 Day: SATURDAY Time: 9:00 - 10:30 Room: BALLROOM
 Specific Objectives:

Describe the core principles of recovery-oriented practice and how this approach is critical to improving the quality of mental health care in Canada
 Identify key elements of success for sustainable implementation of recovery-oriented practice
 Advocate for policies and practices that ensure recovery is in the focus of [quality] care

Specific Objectives (translation):

*Décrire les principes fondamentaux de la pratique axée sur le rétablissement et comment cette approche est essentielle à l'amélioration de la qualité des soins de santé mentale au Canada
 Identifier les éléments clés de succès pour la mise en œuvre durable de pratiques axées sur le rétablissement
 Défendre des politiques et des pratiques qui garantissent que le rétablissement est au centre des soins [de qualité]*

103-CCMHCC The Patient-Centeredness of Mental Health Care in Family Health Teams: A Qualitative Study
(Le caractère centré sur le patient en soins de la santé mentale dans les équipes de santé familiale: une étude qualitative)

Language: ENGLISH Simultaneous Translation: YES
 Main (author) Presenter: **Matthew Menear**
 Co-presenter(s):
 Co-Author(s): Rachelle Ashcroft, Jocelyn Booton, Simone Dahrouge, Monica Emode, Jose Silveira, Kwame McKenzie
 Type of presentation:: Oral Presentation Format: IN-PERSON
 Day: FRIDAY Time: 14:30 - 14:50 Room: Room 1
 Specific Objectives:

Describe how services for common mental disorders are delivered within Family Health Teams.
 Discuss the ways in which Family Health Teams providers succeed or struggle in the delivery of patient-centered care to people with common mental disorders.

Specific Objectives (translation):

*Décrire comment les services pour les troubles mentaux courants sont fournis au sein des équipes de santé familiale.
 Discuter des façons dont les fournisseurs des équipes Santé familiale réussissent ou ont du mal à fournir des soins centrés sur le patient aux personnes atteintes de troubles mentaux courants.*

104-CCMHCC Identifying Values of Service Users for Health System Improvement: Using Experience-based Co-Design to Improve Transitions from Child to Adult Mental Health Services

(Identifier les valeurs des utilisateurs de services pour l'amélioration du système de santé: utiliser la conception conjointe basée sur l'expérience pour améliorer les transitions entre les services de santé mentale pour enfants ET ceux pour adultes)

Language:	ENGLISH	Simultaneous Translation:	YES
Main (author) Presenter:	Ashleigh Miatello		
Co-presenter(s):			
Co-Author(s):	Gillian Mulvale, Julia Abelson, John Lavis		
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	FRIDAY	Time:	14:10 - 14:30
		Room:	Room 1

Specific Objectives:

At the end of this presentation, participants will understand values held by youth as they transition from child to adult mental health services.

At the end of this presentation, participants will understand the promising approach of identifying values from experience data.

Specific Objectives (translation):

Comprendre les valeurs des jeunes lors de leur transition des services de santé mentale pour enfants à adultes.

Comprendre l'approche prometteuse consistant à identifier des valeurs à partir de données d'expérience.

105-CCMHCC Developing Virtual Mental Health Groups in Response to the Pandemic

(Développer des groupes VIRTUALS de santé mentale en réponse à la pandémie)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Tricia Brinn		
Co-presenter(s):			
Co-Author(s):			
Type of presentation::	Oral Presentation	Format:	IN-PERSON
Day:	SATURDAY	Time:	14:35 - 14:55
		Room:	Room 2

Specific Objectives:

At the end of the session, participants will be able to use similar methods as those presented to offer virtual group services.

Specific Objectives (translation):

Utiliser des méthodes similaires à celles présentées pour offrir des services de groupe VIRTUALS.

106-CCMHCC Ghost in the Machine: Tackling Structural Stigma in Health Care*(Ghost in the Machine: Lutter contre la stigmatisation structurelle dans les soins de santé)*

Language: ENGLISH Simultaneous Translation: YES

Main (author) Presenter: **Hannah Kohler**

Co-presenter(s):

Co-Author(s):

Type of presentation:: Oral Presentation Format: IN-PERSON

Day: FRIDAY Time: 13:30 - 13:50 Room: Room 1

Specific Objectives:

Describe and understand Structural Stigma and how it is distinct from other forms of stigma, specifically in the health-care industry.

Demonstrate an understanding of key elements of select promising practices that support improved access to- and quality of- health care for PWLLE.

Identify opportunities to disrupt and dismantle structural stigma within their own health-care settings.

Specific Objectives (translation):

Décrire et comprendre la stigmatisation structurelle et comment elle se distingue des autres formes de stigmatisation, en particulier dans le secteur des soins de santé.

Démontrer une compréhension des éléments clés de certaines pratiques prometteuses qui soutiennent l'amélioration de l'accès et de la qualité des soins de santé pour les PWLLE.

Identifier les opportunités de perturber et de démanteler la stigmatisation structurelle au sein de leurs propres établissements de soins de santé.

109-CCMHCC Feasibility and Implementation of a Year-Long Healthy Lifestyles Program: Final Evaluation and 6-Month Follow-up*(Faisabilité et mise en œuvre d'un programme de saines habitudes de vie d'un an: évaluation finale et suivi de 6 mois)*

Language: ENGLISH Simultaneous Translation: NO

Main (author) Presenter: **Japteg Singh**

Co-presenter(s): Elizabeth Alvarez

Co-Author(s): Elizabeth Alvarez

Type of presentation:: Oral Presentation Format: VIRTUAL

Day: SATURDAY Time: 14:35 - 14:55 Room: VIRTUAL 3

Specific Objectives:

Participants will be able to identify components of the Healthy Lifestyles Program that contribute to improved mental health outcomes for their patient population

Participants will be able to apply lessons learned when implementing a CBT, behavioural change, community-based program

Participants will be able to use quantitative and qualitative methods to evaluate pilot feasibility studies

Specific Objectives (translation):

Identifier les composants du programme de modes de vie sains qui contribuent à l'amélioration des résultats de santé mentale pour leur population de patients

Appliquer les leçons apprises lors de la mise en œuvre d'un CBT, d'un changement de comportement, d'un programme communautaire

Utiliser des méthodes quantitatives et qualitatives pour évaluer des études de faisabilité pilotes

110-CCMHCC It Takes a Village: Building Interdisciplinary Partnerships to Overcome Systemic Barriers to Perinatal Mental Healthcare

(Ça prend tout un village: Établir des partenariats interdisciplinaires pour surmonter les obstacles systémiques aux soins de santé mentale périnatale)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Jasmine Gandhi		
Co-presenter(s):			
Co-Author(s):	Sarah Anderson RM, Jessica Danforth, Melissa Sully, Crystal Morris OT, Mila Smithies MD, FRCPS, Kelly (Summer) McLellan RM, Christy Thompson NP		
Type of presentation::	Oral Presentation	Format:	VIRTUAL
Day:	SATURDAY	Time:	14:15 - 14:35
		Room:	VIRTUAL 2
Specific Objectives:			

Recognize the systemic factors which prevent access to perinatal mental healthcare as usual and identify the resulting health and socioeconomic outcomes that perpetuate these barriers.
Describe a novel model of outreach by ORACLE Midwifery and CMHA Nurse Practitioners who are supported in a shared care pathway by TOH Maternal Fetal Medicine and Perinatal Psychiatry.
Translate lessons learned by our team to identify opportunities to address similar gaps in equitable perinatal mental healthcare within their region through locally relevant partnerships.

Specific Objectives (translation):

*Reconnaître les facteurs systémiques qui empêchent l'accès aux soins de santé mentale périnatale comme d'habitude et identifier les résultats sanitaires et socio-économiques qui en résultent et qui perpétuent ces obstacles.
Décrivez un nouveau modèle de sensibilisation par les sages-femmes ORACLE et les infirmières praticiennes de l'ACSM qui sont soutenues dans un parcours de soins partagés par la médecine fœto-maternelle et la psychiatrie périnatale de L'HO.
Traduire les leçons apprises par notre équipe pour identifier les opportunités de combler des lacunes similaires en matière de soins de santé mentale périnatale équitables dans leur région grâce à des partenariats pertinents au niveau local.*

111-CCSCSM Les défis inter-organisationnels et communicationnels de l'implantation d'un groupe VIRTUAL de gestion d'anxiété offert aux femmes enceintes en contexte de pandémie

(The Inter-Organizational and Communication Challenges of Setting up a Virtual Anxiety Management Group Offered to Pregnant Women in the Context of a Pandemic)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Christiane Chalfoun		
Co-presenter(s):	Catherine Higgins, Stefanie Mangel		
Co-Author(s):	Jessica Le		
Type of presentation::	Oral Presentation – «Innovations in progress»	Format:	IN-PERSON
Day:	SATURDAY	Time:	10:00 - 10:30
		Room:	Room 2
Specific Objectives:			

Identifier comment transférer les connaissances entre les intervenants de 2eme/3eme ligne et les intervenants de 1ere ligne appelés à animer le groupe en collaboration avec les cliniques de périnatalité
Identifier comment communiquer l'information aux intervenants oeuvrant auprès des femmes enceintes (CLSC, médecins, sages-femmes, clinique de périnatalité, milieu hospitalier) en développant un mode de diffusion à grande portée
Identifier comment publiciser le groupe auprès des femmes enceintes du territoire par les différents intervenants impliqués et par d'autres médiums

Specific Objectives (translation):

Identify how to transfer knowledge between 2nd/3rd line workers and 1st line workers called upon to animate the group in collaboration with perinatal clinics
Identify how to communicate information to stakeholders working with pregnant women (CLSC, doctors, midwives, perinatal clinic, hospital environment) by developing a wide-ranging dissemination method
Identify how to publicize the group to pregnant women in the territory by the various stakeholders involved and by other mediums

113-CCMHCC Rural Suicidality Lived Experience: A Research Agenda

(Expérience vécue de la suicidalité en milieu rural: un programme de recherche)

Language: ENGLISH

Simultaneous Translation: NO

Main (author) Presenter:

Kimberley D. Ryan

Co-presenter(s):

Sharran Mullins, Andrea Thomson

Co-Author(s):

Type of presentation::

Oral Presentation

Format:

VIRTUAL

Day: SATURDAY

Time: 13:40 - 14:00

Room:

VIRTUAL 3

Specific Objectives:

Recognize International and Canadian research conducted about rural communities lived experience of suicidality.
 Recognize what rural communities value in relation to suicide prevention, intervention and postvention.
 Identify ways to mobilize research for use by rural communities.

Specific Objectives (translation):

Reconnaître les recherches internationales et canadiennes menées sur les communautés rurales qui ont vécu l'expérience suicidaire.
Reconnaître ce que les communautés rurales apprécient en matière de prévention, d'intervention et de postvention du suicide.
Identifier les moyens de mobiliser la recherche à l'usage des communautés rurales.

Posters

005-CCMHCC Strategies to Promote Recovery in Acute Care Mental Health

(Stratégies pour favoriser le rétablissement dans le contexte des soins de courte durée en santé mentale)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Andrea Thomson		
Co-presenter(s):			
Co-Author(s):	Sharran Mullins		
Type of presentation::	AFFICHE	Format:	VIRTUAL
Day:	TOUS	Time:	EN CONTINU

007-CCMHCC Primary Care for Urban Marginalized and Complex Populations: A program Evaluation and Look at Health Literacy

(Soins de première ligne pour les populations urbaines marginalisées et complexes: une évaluation de programme et un regard sur la littératie en santé)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Andrew Mclellan (ne sera pas présent)		
Co-presenter(s):	Soha Khorsand, Corina Lacombe		
Co-Author(s):	Carol Geller, Alison Eyre, Soha Khorsand, Corina Lacombe		
Type of presentation::	AFFICHE	Format:	VIRTUAL
Day:	SATURDAY	Time:	EN CONTINU

014-CCMHCC Cardiovascular Disease Risk in SMI across Various Settings in a Semirural area – a Study during COVID-19 Pandemic

(Risque de maladie cardiovasculaire chez les MMG dans divers contextes dans une zone semi-rurale - une étude pendant la pandémie de COVID-19)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Nehal Lubana		
Co-presenter(s):			
Co-Author(s):	Mahdi Memarpour, Aqsa Mohar, Mehtaab Mahal, Nehal Singh, Shweta Mehta		
Type of presentation::	AFFICHE	Format:	VIRTUAL
Day:	TOUS	Time:	EN CONTINU

017-CCSCSM Programme Re-Panser, du coeur au cerveau

(Re-Panser Program, from the Heart to the Brain)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Julie Ohanessian		
Co-presenter(s):			
Co-Author(s):			
Type of presentation::	AFFICHE	Format:	IN-PERSON
Day:	TOUS	Time:	EN CONTINU

031-CCSCSM Améliorer la gestion des épisodes d'arrêt de travail en santé mentale: Le rétablissement et les enjeux de collaboration du point de vue des usagers et des acteurs clés.

(Improving the Management of Work Stoppage Episodes in Mental Health: Recovery and Collaboration Issues from the Point of View of Users and Key Actors.)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Justine Labourot		
Co-presenter(s):	Émilie Pinette		
Co-Author(s):	Émilie Pinette, Brigitte Vachon, Nadia Giguère		
Type of presentation::	AFFICHE	Format:	IN-PERSON
Day:	TOUS	Time:	EN CONTINU

037-CCMHCC Lived Experiences to Life Experiences: Narratives of Young People with Psychosis in Chennai, India and Montreal, Canada

(Des expériences vécues aux expériences de vie: récits de jeunes atteints de psychose à Chennai, en Inde et à Montréal, au Canada)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Aarati Taksal		
Co-presenter(s):			
Co-Author(s):	Urvashi Singh, Megan Pope, Ramachandran Padmavati, Thara Rangaswamy, Ashok Malla, Srividya Iyer		
Type of presentation::	AFFICHE	Format:	VIRTUAL
Day:	TOUS	Time:	EN CONTINU

048-CCMHCC Top 10 Questions on Aging and Mental Health in Canada

(Les 10 principales questions sur le vieillissement et la santé mentale au Canada)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Elizabeth Kalles		
Co-presenter(s):			
Co-Author(s):	Paul Holyoke, Heather McNeil, Karthika Yogaratnam		
Type of presentation::	AFFICHE	Format:	VIRTUAL
Day:	TOUS	Time:	EN CONTINU

052-CCMHCC Development of Patient-Reported Outcome Measures in Early Intervention Services for Psychosis in Chennai, India and Montreal, Canada

(Développement de mesures des résultats rapportés par les patients dans les services d'intervention précoce pour la psychose à Chennai, en Inde et à Montréal, au Canada)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Neha Nair		
Co-presenter(s):			
Co-Author(s):	Aarati Taksal, Greeshma Mohan, Ashok Malla, Thara Rangaswamy, Ramachandran Padmavati, Srividya Iyer		
Type of presentation::	AFFICHE	Format:	VIRTUAL
Day:	TOUS	Time:	EN CONTINU

062-CCMHCC Collaborative Practices in Psychiatric Intensive Care Services
(Pratiques collaboratives en réanimation psychiatrique)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Matthew Menear		
Co-presenter(s):			
Co-Author(s):	Alessandro Pozzi, Audrey Laberge, Audreyanne GagNO, Philippe Asselin, Maryse Bouffard, Véronique Delneuveille, LYESse Drolet, Claudine Lepage, Étienne Paradis-Gagné, Marie-Josée Poulin, Mélanie Samson		
Type of presentation::	AFFICHE	Format:	IN-PERSON
Day:	TOUS	Time:	EN CONTINU

065-CCMHCC Measuring the Integration of Mental Health Care in Primary Care: A Scoping Review
(Mesurer l'intégration des soins de santé mentale dans les soins primaires: un examen de la portée)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Matthew Menear		
Co-presenter(s):			
Co-Author(s):	Ariane Girard, Genève Caron, Sophie Rivet, Michèle Dugas, Jean-Sébastien Renaud		
Type of presentation::	AFFICHE	Format:	IN-PERSON
Day:	TOUS	Time:	EN CONTINU

101-CCSCSM Un projet de recherche-action sur les pratiques de collaboration intersectorielle entre le réseau public et le réseau communautaire dans l'intervention déployée auprès des personnes marginalisées à Québec
(A Research-action Project on Intersectoral Collaboration Practices between the Public Network and the Community Network in the Intervention Deployed with Marginalized People in Quebec City)

Language:	FRENCH	Simultaneous Translation:	NO
Main (author) Presenter:	Annie Fontaine		
Co-presenter(s):	Laïsa Pivert, Chloé Demuynck		
Co-Author(s):	Chloé Demuynck, Laïsa Pivert, Romane Couvrette		
Type of presentation::	AFFICHE	Format:	IN-PERSON
Day:	TOUS	Time:	EN CONTINU

107-CCMHCC Nurturing Practice Contexts that Support Team-based Mental Health Care
(Favoriser les contextes de pratique qui appuient les soins en santé mentale en équipe)

Language:	ENGLISH	Simultaneous Translation:	NO
Main (author) Presenter:	Matthew Menear		
Co-presenter(s):			
Co-Author(s):	Rachelle Ashcroft, Jocelyn Booton, Simone Dahrouge, Monica Emode, Peter Sheffield, Jose Silveira, Kwame McKenzie		
Type of presentation::	AFFICHE	Format:	IN-PERSON
Day:	TOUS	Time:	EN CONTINU



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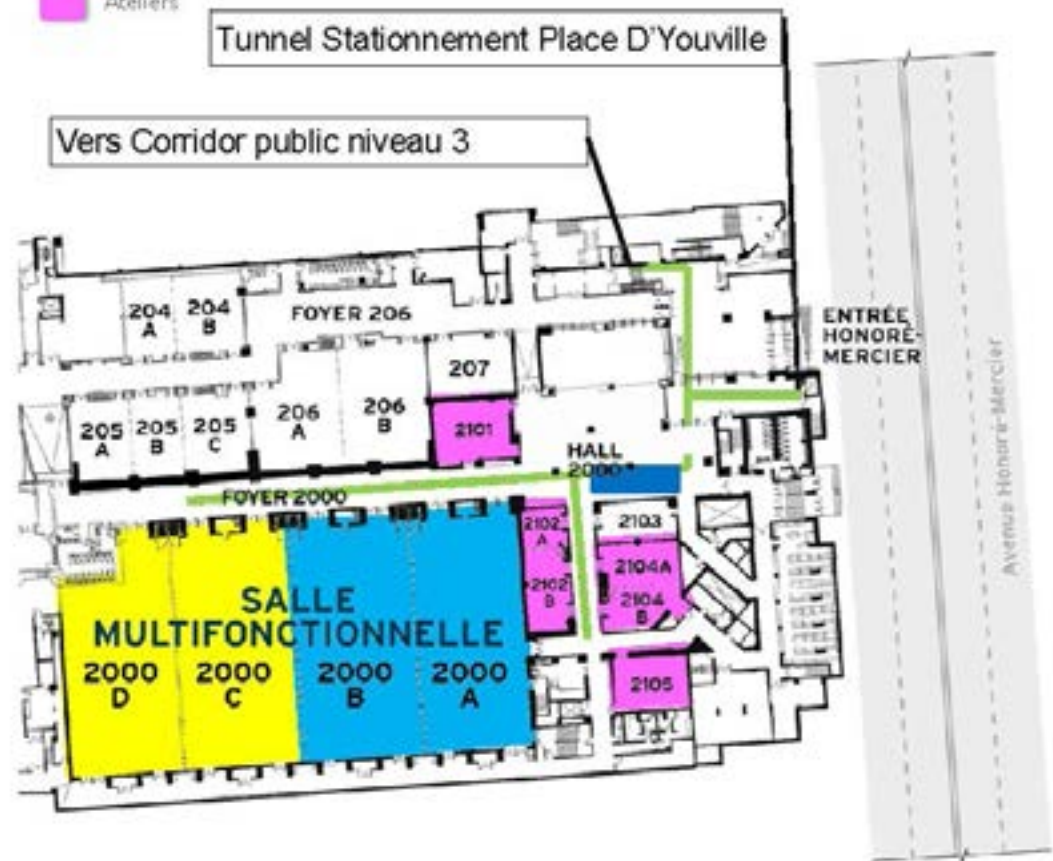
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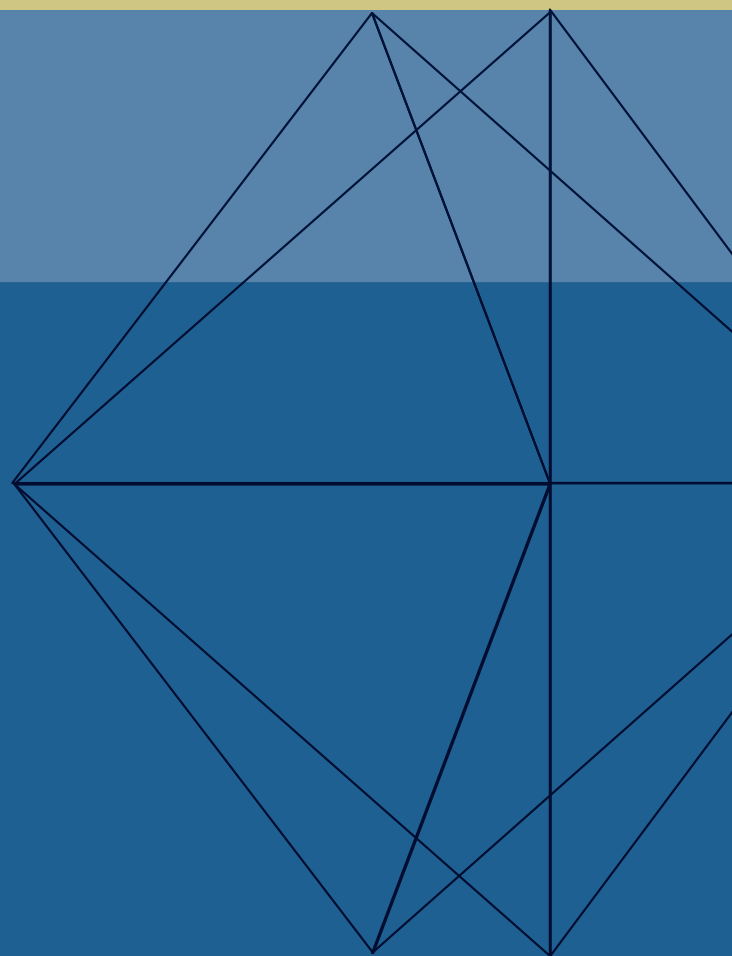
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