



Beacon House *Building Collaboration with Families and Partners*

Beacon House is a community residential psychosocial rehabilitaion program for young adults with an emphasis on family involvement. We are located in Kentville, NS, with a provincial mandate.

<http://www.beaconprogram.ca>

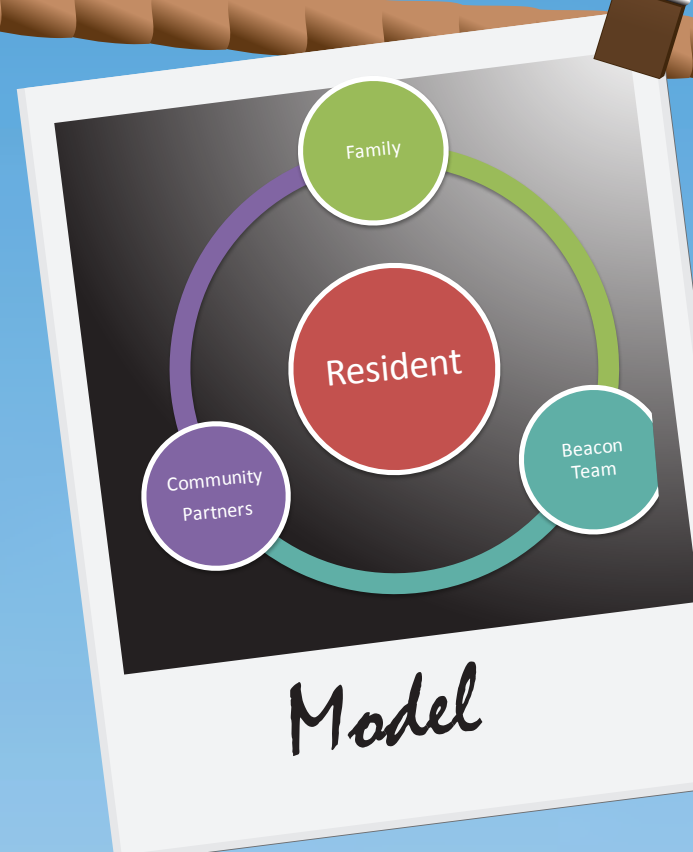
Pam Langille & Pam McKinley, AVH
Dr. Roger Cann, SSNS



Involving Families



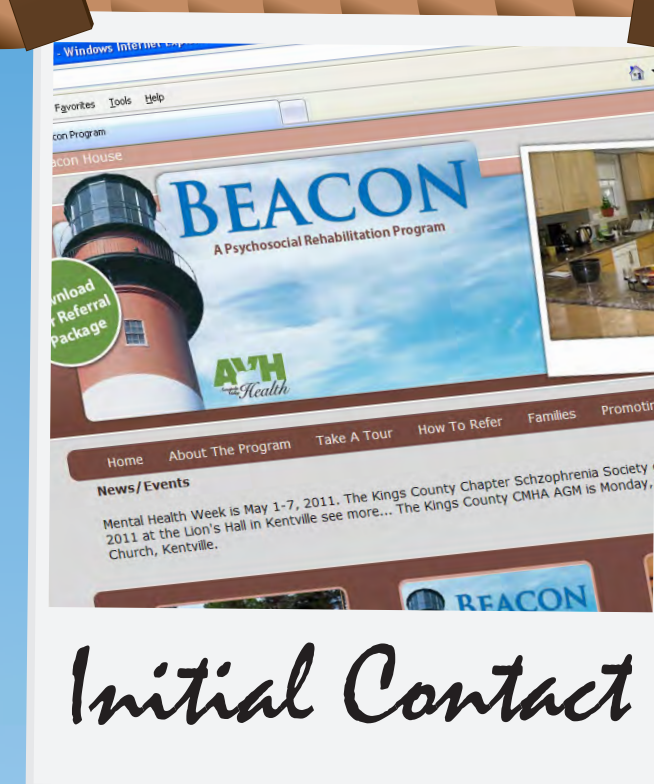
Guidelines



Model



Community Partners



Initial Contact



Beacon House Tour



Move-In Day



Life at Beacon



Life After Beacon



Learning & Next Steps

Involving Families

Recognizing a need for more family involvement, we set out to better understand our clients, families, and partners. Through our research process, inspired by the Meriden Model, we discovered that involving and supporting families improves client outcomes. So, that's what we did!

Guidelines

Families are encouraged to attend meetings to provide input, allowing us to learn from their experiences. Residents involve family in their journey of recovery. Discussions include confidentiality, stigma, the program, and shared experiences. We listen, provide education, support and encourage questions.

Model

The model reflects the connections we have made building relationships with clients, families and community partners.

Community Partners

Schizophrenia Society, Referral Agencies, Peer Support Group, Early Psychosis Team, Community INC, People Worx, CMHA, Evangeline Club, and Berwick Recreation. These partners support the Beacon program and its family initiative.

Initial Contact

Families learn about our program through conversations with their health care provider, calling us, or using the website. Referrals are made by health care providers.

Beacon House Tour

Potential residents and their family and/or referring agency are offered a tour of the house. After the tour, they are able to take some time to consider Beacon as an option. If interested, the individual is referred and scheduled for an interview. Here, we spend time with the client and their family sharing information and answering questions.

Move-In Day

This is another opportunity to speak with clients and families about their hopes and expectations. We take this time to discuss family involvement over the six-month period of stay.

Life at Beacon

Beacon is a resident focused and family oriented environment. Residents participate in Changing Tides education program during the day and return to the house to do chores, prepare meals, shop for groceries, and take part in social and recreational activities. Residents are involved in 1-on-1 growth and recovery and have full access to our support team*.

*Daily Living Support, Psychosocial Rehabilitation, Nursing(LPN, RN), Occupational Therapy, Social Work, Psychiatry, Psychology, Family Medicine, Addictions Support, Pharmacy, Day Program, and Nutrition.

Life After Beacon

Throughout their stay, residents are linked with resources in their home community to ensure a smooth transition and support after the program.

Learning & Next Steps

Including families and partners has enhanced our program immensely. We continue to build on this work and seek opportunities for improvement.

The Annapolis Valley Mental Health and Addictions Family Work Implementation Group was formed in October 2010.

We are working to build our capacity to involve and support families across the continuum of programs and services.

